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# The Psychology Of Home

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The Psychology of Abilities, Competencies, and Expertise  
Authentic Happiness  
10 Secrets to Successful Home Buying and Selling  
The Psychology of Property Law  
The Psychology of Personhood  
Home Environments  
The Cambridge Handbook of Political Psychology  
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New Handbook of Mathematical Psychology: Volume 1, Foundations and Methodology  
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The Psychology of Abilities, Competencies, and Expertise Nicolas-Hays, Inc.

This handbook reviews political psychology from an international perspective, covering foundational approaches and contemporary challenges.

Authentic Happiness Springer Science & Business Media

An examination of the secret psychology of the city and how it affects our daily happiness. More and more of us are choosing to live in the man-made environment of the city. The mismatch between this artificial world and our nature-starved souls can contribute to the stresses of city living in a way that is barely noticed—but is crucially important. What does the science of architectural psychology tell us about how the world of brick and concrete affects how we think, feel and behave? In an increasingly crowded urban world, how does good urban design inspire, restore and bring us together? Conversely, how does bad architecture cause anxiety, alienation and depression? Starting with the home and reaching out to the street, neighbourhood and wider city landscape, Headspace teaches us how to see our cities differently, and how we can best adapt to our rapidly changing urban world. Praise for Headspace “Full of interesting nuggets. Presents the results of scores of scientific studies into the physical environment and does so in a pleasant, discursive way.” —Will Wiles, RIBA Journal “A properly glorious book. Amazing.” —Monocle Radio “Links what we build with what we do. It’s an important question—an architectural holy grail, in a way.” —Evening Standard  
10 Secrets to Successful Home Buying and Selling Cambridge University Press

A close-up examination and exploration, *How We Live Now* challenges our old concepts of what it means to be a family and have a home, opening the door to the many diverse and thriving experiments of living in twenty-first century America. Across America and around the world, in cities and suburbs and small towns, people from all walks of life are redefining our “lifespaces”—the way we live and who we live with. The traditional nuclear family in their single-family home on a suburban lot has lost its place of prominence in contemporary life. Today, Americans have more choices than ever before in creating new ways to live and meet their personal needs and desires. Social scientist, researcher, and writer Bella DePaulo has traveled across America to interview people experimenting with the paradigm of how we live. In *How We Live Now*, she explores everything from multi-generational homes to cohousing communities where one’s “family” is made up of friends and neighbors to couples “living apart together” to single-living, and ultimately uncovers a pioneering landscape for living that throws the old blueprint out the window. Through personal interviews and stories, media accounts, and in-depth research, *How We Live Now* explores thriving lifespaces, and offers the reader choices that are freer, more diverse, and more attuned to our modern needs for the twenty-first century and beyond.

**The Psychology of Property Law** Cambridge University Press

Self-help meets interior design in this holistic, gorgeously photographed guide that “thoughtfully and beautifully unpacks the tools and ideas to support mental wellness at home through design and

styling” (Justina Blakeney, founder of Jungalow). “An original approach to domestic bliss.”—Publishers Weekly Licensed therapist turned interior designer Anita Yokota knows that our surroundings are more than just a reflection of our personal style; how our homes are decorated and arranged can have a monumental impact on our quality of life. During her seventeen years as a practicing marriage and family therapist, she noticed that the state of her clients’ homes often mirrored their emotional issues, which inspired her to develop the Home Therapy method: her signature system for creating wellness from the inside out by setting up your spaces to nurture your mind, body, and spirit. Instead of basing decorating decisions on trends and fads, Home Therapy’s unique, therapy-informed approach focuses equally on mental health and design and presents the psychology behind making your home intentional. From choosing the right lighting, furniture, and paint color to building boundaries and forming long-term organizational goals, Anita guides you through creating spaces that bring happiness and balance to the sanctuary we call home. Anita lays out the four “domains” that need to be addressed to improve your living experience: The Individual Domain focuses on introspection to discover what you need in each space; The Organizational Domain helps you declutter and build functional rooms so you can be your most efficient self; The Communal Domain inspires you to form more authentic connections with others through good design layout; and The Renewal Domain centers self-care and rejuvenation to create the right energy for resting and recharging. Feeling calm and confident when you step out the door starts in your home. The perfect gift for anyone looking to create an intentional, thoughtful space, Home Therapy is an invaluable, beautifully photographed resource to decorating from a deeper perspective so you can have a home that supports your authentic self.

**The Psychology of Personhood** Springer Nature

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**Home Environments** Academic Press

This book explores psychobiography with focus on meaning making and identity development in the life and works of extraordinary individuals. Meaning-making and identity development are existential constructs influencing psychological development, mental health and wellbeing across the lifecourse. The chapters illustrate through the eyes of 25 international psychobiographers various theoretical and methodological approaches to psychobiography. They explore how individuals, such as Angela Merkel, Karl Lagerfeld, Henri Nouwen, Vivian Maier, Charles Baudelaire, W.E.B. du Bois, Loránt Hegedüs, Kim Philby, Zoltan Paul Dienes, Albertina Sisulu, Ruth First, Sokrates, and Jesus construct their lives to make meaning, develop their identities and grow as individuals within their sociocultural contexts. The texts provide deep insight into life’s development.

The Cambridge Handbook of Political Psychology Penguin

Ethan Allen and HGTV may have plenty to say about making a home look right, but what makes a home feel right? In *House Thinking*, journalist and cultural critic Winifred Gallagher takes the reader on a psychological tour of the American home. By drawing on the latest research in behavioral science, an overview of cultural history, and interviews with leading architects and designers, she shows us not only how our homes reflect who we are but also how they influence our thoughts,

feelings, and actions. How does your entryway prime you for experiencing your home? What makes a bedroom a sensual oasis? How can your bathroom exacerbate your worst fears? *House Thinking* addresses provocative questions like these, enabling us to understand the homes we've made for ourselves in a unique and powerful new way. It is an eye-opening look at how we live . . . and how we could live.

**How We Live Now** Random House Value Publishing

A smart and funny book by a prominent Harvard psychologist, which uses groundbreaking research and (often hilarious) anecdotes to show us why we're so lousy at predicting what will make us happy – and what we can do about it. Most of us spend our lives steering ourselves toward the best of all possible futures, only to find that tomorrow rarely turns out as we had expected. Why? As Harvard psychologist Daniel Gilbert explains, when people try to imagine what the future will hold, they make some basic and consistent mistakes. Just as memory plays tricks on us when we try to look backward in time, so does imagination play tricks when we try to look forward. Using cutting-edge research, much of it original, Gilbert shakes, cajoles, persuades, tricks and jokes us into accepting the fact that happiness is not really what or where we thought it was. Among the unexpected questions he poses: Why are conjoined twins no less happy than the general population? When you go out to eat, is it better to order your favourite dish every time, or to try something new? If Ingrid Bergman hadn't gotten on the plane at the end of *Casablanca*, would she and Bogey have been better off? Smart, witty, accessible and laugh-out-loud funny, *Stumbling on Happiness* brilliantly describes all that science has to tell us about the uniquely human ability to envision the future, and how likely we are to enjoy it when we get there.

*House and Psychology* Vintage Canada

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Environmental Psychology and Human Well-Being John Wiley & Sons

How does memory work? Who is the "distractor" in your family? What was the "car crash" experiment? The *Psychology Book* is your visual guide to the complex and fascinating world of human behavior. Discover how we learn, become emotionally bonded with others, and develop coping mechanisms to deal with adversity, or conform in a group. Get to know key thinkers, from Freud and Jung to Elizabeth Loftus and Melanie Klein, and follow charts and timelines to make sense of it all and see how one theory influenced another. With concise explanations of different schools of psychology including psychotherapy, cognitive psychology and behaviorism, this is an ideal reference whether you're a student, or a general reader. It's your authoritative guide to over 100 key ideas, theories and conditions, including the collective unconscious, the "selfish" gene, false memory, psychiatric disorders, and autism. If you're fascinated by the human mind, *The Psychology Book* is both an invaluable reference and illuminating read.

*New Handbook of Mathematical Psychology: Volume 1, Foundations and Methodology* Simon and Schuster

Robin Dawes spares no one in this powerful critique of modern psychotherapeutic practice. As Dawes points out, we have all been swayed by the "pop psych" view of the world--believing, for example, that self-esteem is an essential precursor to being a productive human being, that events in one's childhood affect one's fate as an adult, and that "you have to love yourself before you can

love another."

*House As a Mirror of Self* Cambridge University Press

"Buying a house may be love at first sight or seemingly take forever. This terrific book covers all the bases. Readers will enjoy discovering the secrets as they are revealed. There's something valuable for everyone." -Willard Scott, Noted NBC Radio and Television Personality "This book helps you get at not only the practical aspects of home buying and selling, but also the emotional side of what is usually the largest and most anxiety-riddled transactions of your lifetime. If you are thinking of buying or selling a home, it pays big dividends to read Lois Vitt's advice before you do!" -Jordan E. Goodman, America's Money Answers Man and author of *Everyone's Money Book* "If you want to get in touch with your inner home buyer-and make clearer decisions based on those insights-this is the book to take you there." -Kenneth Harney, Syndicated Real Estate Columnist, Washington Post Writers Group. "The most significant purchase a person makes in a lifetime is a home. The process of finding, purchasing, or selling a home can be down right nerve-racking. Lois Vitt has written a thought-provoking book that addresses both the technical and emotional aspects of home ownership." -Deborah Owens, Financial Commentator and author of *Confident Investing* and *Nickel and Dime Your Way to Wealth*. Buying a home is not just the most important financial decision: It is also one of the most important emotional decisions. With *10 Secrets to Successful Home Buying and Selling*, you get it right! Lois A. Vitt helps you discover your "housing value system," your personal housing psychology. Learn how your expectations compare with your family's expectations, so that you can make the best decisions for everyone. After you discover what you really want, answer crucial housing questions, such as: Rent or buy? Move or remodel? Sell or hold? Refinance? Vitt's practical examples, real-life stories, and easy quizzes help you make housing decisions that enrich your life emotionally and financially! © Copyright Pearson Education. All rights reserved.

*The Cambridge Handbook of the Psychology of Prejudice* House and Psychology

The only expectation one can have when returning to visit a childhood home is to be deeply moved in the most unexpected ways. For millions of Americans each year, that journey conjures many emotions, offering a psychological exploration unlike any other. This book describes the experiences of adults who visit a childhood home and the psychology behind their visits. Seeing the buildings, schools, parks and playgrounds from their past helps to establish the psychological and emotional link between the child in the old photographs and the person they are today.

**Home Therapy** Penguin

The present volume in the series focuses on homes, residences, and dwellings. Although many fields have had a long-standing interest in different aspects of home environments, the topic has recently come to the forefront in the interdisciplinary environment and behavior field. Researchers and theorists from many disciplines have begun to meet regularly, share ideas and perspectives, and move the investigation of psychological, social, and behavioral aspects of home environments to the central arena of environment and behavior studies. This volume representative-though not comprehensive attempts to provide a sampling of contemporary perspectives on the study of home environments. As in previous volumes, the authors are drawn from a variety of disciplines, including environmental design fields of architecture and planning, and from the social science fields of psychology, sociology, anthropology, and history. This diversity of authors and perspectives makes

salient the principle that the study of homes in relation to behavior requires the contributions of many disciplines. Moreover, the chapters in this volume reflect an array of research and theoretical viewpoints, different scales of home environments (e.g., objects and areas, the home as a whole, the home as embedded in neighborhood and communities, etc.), design and policy issues, and, necessarily, a comparative and cross-cultural perspective. Home environments are at the core of human life in most cultures, and it is hoped that the contributions to this volume display the excitement, potential, and importance of research and theory on homes.

**Some Place Like Home** Clarkson Potter

A paradigm-shifting model of parenting children in two homes from an internationally recognized expert. A researcher, therapist, and mediator, Robert Emery, Ph.D., details a new approach to sharing custody with children in two homes. Huge numbers of children are affected by separation, divorce, cohabitation breakups, and childbearing outside of marriage. These children have two homes. But their parents have only one chance to protect their childhood. Building on his 2004 book *The Truth About Children and Divorce* and a strong evidence base, including his own research, Emery explains that a parenting plan that lasts a lifetime is one that grows and changes along with children's—and families'—developing needs. Parents can and should work together to renegotiate schedules to best meet the changing needs of children from infancy through young adult life. Divided into chapters that address the specific needs of children as they grow up, Emery:

- Introduces his Hierarchy of Children's Needs in Divorce
- Provides specific advice for successful parenting, starting with infancy and reaching into emerging adulthood
- Advocates for joint custody but notes that children do not count minutes and neither should parents
- Highlights that there is only one "side" for parents to take in divorce: the children's side

Himself the father of five children, one from his first marriage, Emery brings a rare combination of personal and professional insight and guidance for every parent raising a child in two homes.

*The Cambridge Handbook of the Psychology of Aesthetics and the Arts* BenBella Books

Considers how research in psychology offers new perspectives on property law, and suggests avenues of reform. Property law governs the acquisition, use and transfer of resources. It resolves competing claims to property, provides legal rules for transactions, affords protection to property from interference by the state, and determines remedies for injury to property rights. In seeking to accomplish these goals, the law of property is concerned with human cognition and behavior. How do we allocate property, both initially and over time, and what factors determine the perceived fairness of those distributions? What social and psychological forces underlie determinations that certain uses of property are reasonable? What remedies do property owners prefer? *The Psychology of Property Law* explains how assumptions about human judgement, decision-making and behavior have shaped different property rules and examines to what extent these assumptions are supported by the research. Employing key findings from psychology, the book considers whether property law's goals could be achieved more successfully with different rules. In addition, the book highlights property laws and conflicts that offer productive areas for further behaviorally-informed research. The book critically addresses several topics from property law for which psychology has a great deal to contribute. These include ownership and possession, legal protections for residential and personal property, takings of property by the state, redistribution through property law, real estate

transactions, discrimination in housing and land use, and remedies for injury to property.

*The Psychology of the House Poetically Re-considered* Financial Times/Prentice Hall

This balanced and engaging research-based textbook explores the psychological aspects of the online world and how they affect human behavior.

*Returning Home* Simon and Schuster

*House as a Mirror of Self* presents an unprecedented examination of our relationship to where we live, interwoven with compelling personal stories of the search for a place for the soul. Marcus takes us on a reverie of the special places of childhood—the forts we made and secret hiding places we had—to growing up and expressing ourselves in the homes of adulthood. She explores how the self-image is reflected in our homes/ power struggles in making a home together with a partner/ territory, control, and privacy at home/ self-image and location/ disruptions in the bonding with home/ and beyond the "house as ego" to the call of the soul. As our culture is swept up in home improvement to the extent of having an entire TV network devoted to it, this book is essential for understanding why the surroundings that we call home make us feel the way we do. With this information we can embark on home improvement that truly makes room for our soul.

**Two Homes, One Childhood** Harper Collins

An irresistible look within the mind and behind the hit TV drama, *House*. While *House* is a smart medical drama and Gregory House faces countless ethical quandaries as a doctor, what makes the show unique is that it's much more deeply rooted in psychology than in medicine. At its core, *House* is a show about the mind and human behavior. Gregory House is a medical genius and a Sherlock Holmesian figure, but he's also a deeply troubled misanthrope. What's going on inside the brain of this beloved, arrogant, cane-waving curmudgeon that is so appealing? *House and Psychology* tackles this question and explores the latest findings in brain science research, defines addiction in its many forms, and diagnoses dysfunctional relationships, all using test cases at Princeton-Plainsboro Hospital. Offers a revealing psychological profile of Gregory House and his team. Uses the latest psychological theory and research to answer questions ranging from "How does House handle addiction?" to "Why does he act like such a jerk?" Features contributions from a group of world-renowned psychological experts who also happen to love *House*. Essential reading for every *House* fan, *House and Psychology* will help you discover the extraordinary mental universe of your favorite brilliant, bombastic, bile-belching doctor of medicine.

*Psychobiographical Illustrations on Meaning and Identity in Sociocultural Contexts* Cambridge University Press

The psychology of aesthetics and the arts is dedicated to the study of our experiences of the visual arts, music, literature, film, performances, architecture and design; our experiences of beauty and ugliness; our preferences and dislikes; and our everyday perceptions of things in our world. *The Cambridge Handbook of the Psychology of Aesthetics and the Arts* is a foundational volume presenting an overview of the key concepts and theories of the discipline where readers can learn about the questions that are being asked and become acquainted with the perspectives and methodologies used to address them. The psychology of aesthetics and the arts is one of the oldest areas of psychology but it is also one of the fastest growing and most exciting areas. This is a comprehensive and authoritative handbook featuring essays from some of the most respected

scholars in the field.

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