
Sexual Health Education Resources

Sexuality for All Abilities

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Tools for Teaching Comprehensive Human Sexuality Education, Enhanced Edition

Pride

HECAT

Sexual Health Education Component

The Focus on the Family® Guide to Talking with Your Kids about Sex
Sex?

Tools for Teaching Comprehensive Human Sexuality Education

International technical guidance on sexuality education

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National Health Education Standards

Real Talk About Sex and Consent

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It's Perfectly Normal

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Sex Smart

Sex Ed

Let's Hear it for the Boys!

Great Relationships and Sex Education

Canadian Guidelines for Sexual Health Education

The Discovery of Insulin

Teaching Safer Sex

Talk Sex Today

Sex Ed for the Stroller Set
Adolescent Sexual Health Education

*Sexual Health
Education Resources*

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Sexuality for All Abilities Sasquatch
Books

A complete curriculum for teaching about sexual health and intimate relationships, taking into consideration the learning preferences, sensitivity, social and other issues characteristic of individuals with autism spectrum disorders.

Will Puberty Last My Whole Life? Zubaan
Did you ever walk out of class having even more questions than when you walked in? You may feel that way about

History or Math, but what about your Sexual Health class (if you even had one)? If you're anything like most of the youth in America today, your head is probably spinning with a swirling, high-speed hurricane of questions. It is totally normal to be curious and to have questions about relationships, bodies, consent . . . you name it! But where can your average teen go to get all the reliable and accurate answers they need? In Case You're Curious (ICYC), a text-and-answer program conceived by Planned Parenthood, has been providing this educational service for teens for years. And now In Case You're Curious: Questions about Sex from Young People

with Answers from the Experts is a big book of answers with funny and educational illustrations, to the most popular and most interesting questions young people have about birth control, development, sexually transmitted diseases, and so much more. Within these pages you will find non-judgmental (and fun!) answers meant to educate teens without the uncomfortable silence or weird eye contact often associated with “The Talk.” With questions like “Does masturbating give you a disease?” and “Is the pineapple thing true?” In Case You’re Curious isn’t afraid to tackle the nitty-gritty questions you may think twice about raising your hand to ask in your Sexual Health class or at home.

Sexuality and Occupational Therapy

AAPC Publishing Teaching Safer Sex may be the most important contribution the CFLE has made to the pedagogy of sexuality education. It was 1988 when most HIV/AIDS education was about epidemiology and the function of T-cells that the CFLE created its groundbreaking first edition of Teaching Safer Sex. Ten years later, many of the innovative strategies from that manual were classics in the field and had been incorporated into hundreds of curricula that aimed to develop the motivation, knowledge, comfort and skills essential for safer sex behaviors. It was time for a second edition, and The NEW Teaching Safer Sex aimed to expand the scope of safer sex education to include the social context of people's sexual behavior.

Paulo Freire's ideas put forward in *The Pedagogy of the Oppressed* were important in the development of the new manual, which recognized that in a society so dangerously ambivalent about teaching its young people about their sexual safety, they needed to learn about the powerful societal, as well as personal, barriers to healthy sexual behavior. Twenty lessons were designed to promote critical consciousness about social messages as well to create a climate where communication about sexuality is normal and the use of safer sex is the expected behavior.

The Blue Book John Wiley & Sons Introduces human sexuality, describes the changes brought about by puberty, and discusses sexual abuse, sexually transmitted diseases, AIDS, and

pregnancy.

Sexual Decisions Routledge

This book is B&W copy of the government agency publication. The purpose of the Guidelines for the Sexual Health Education Component of Comprehensive Health Education (CT Guidelines) is to provide a framework to promote the sexual health and wellbeing of Connecticut's children and youth within a comprehensive health education program. The CT Guidelines offer guidance to local school districts for the development and implementation of sexual health education that reflects the values and norms of the local community. Sexual health education programs include age-appropriate, medically accurate information on a broad set of topics related to sexuality,

including human development, relationships, decision-making, abstinence, contraception, and disease prevention (SIECUS, 2010). These developmentally appropriate programs start in prekindergarten and continue through Grade 12. The overall goal of sexual health education is to provide young people with the knowledge and skills to promote their health and well-being as they mature into sexually healthy adults (SIECUS, Guidelines, 2004). The CT Guidelines contain information and resources to assist administrators, teachers and parents/guardians in: making the connection between sexual health and student health and education outcomes; implementing district and school policies that support medically accurate sexual

health education programs that address the health needs of all students; identifying desired curriculum goals, objectives and student outcomes; developing an effective PK-12 sexual health education program using developmentally appropriate, medically-accurate and evidence-informed curricula and resources; implementing a sexual health education program using evidence-informed curricula, effective teaching strategies, and student assessments delivered by certified health education teachers appropriately trained in sexual health education; and evaluating the implementation of program goals, objectives and student outcomes."

Let's Talk about Sex Running Press
A hands-on resource filled with

interactive activities to engage students' thinking and skill development This book contains ready-to-use lesson plans referencing both the National Sexuality Education Standards and the National Health Education Standards, and is arranged into chapters by the seven topic areas outlined in the National Sexuality Education Standards. These include: anatomy and physiology, puberty and adolescent development, identity, pregnancy and reproduction, sexually transmitted infections, healthy relationships, and personal safety. These dynamic "pick and choose" lessons and activities have been field-tested in classrooms and workshops by the authors, who are recognized experts in this area. Many of the lessons contain an opening activity to immediately engage

students, followed by student-centered learning experiences such as case studies, simulations, real-life scenarios, self-assessments, journals, and individual and group projects/presentations. Features lessons that incorporate the essential knowledge and skills to empower students to make healthy decisions related to their sexual health Includes performance indicators detailed what students should know and be able to do by the end of grades eight and twelve Offers supplementary web resources and assessment projects, as well as "Home-School Connection" assignments to support family communication about sexuality Evidence-based Approaches to Sexuality Education John Wiley & Sons Sexual images saturate today's culture--

and children will learn about sex somewhere. But research shows that they want to learn from the parents they trust. Talking about sex doesn't have to be a fear-filled challenge. The Focus on the Family® Guide to Talking with Your Kids about Sex shows parents how to talk with confidence to their kids about sex and sexuality. This candid resource is full of the latest information, practical insights, and age-appropriate answers to the questions parents and children ask about sex. Focus on the Family's Physicians Resource Council, along with research from The Medical Institute for Sexual Health provides parents with the tools and empowering encouragement they need in order to communicate more effectively and biblically about sex, self-control, and self-respect at every stage

of a child's development.

Sexuality Education New Harbinger Publications

For LGBTQ people and their supporters, Pride events are an opportunity to honor the past, protest injustice, and celebrate a diverse and vibrant community. The high point of Pride, the Pride Parade, is spectacular and colorful. But there is a whole lot more to Pride than rainbow flags and amazing outfits. How did Pride come to be? And what does Pride mean to the people who celebrate it?

Parents and Sex Education Harper Collins

Print+CourseSmart

[For Goodness Sex](#) International technical guidance on sexuality education

"A truly vital and nuanced guide that is as empowering as it is educational."

—School Library Journal (starred review)
You deserve clear, accurate information about sexual consent! Let this honest and empowering book be your go-to guide. Let's get real: Sex is complicated. Like, really complicated. And as a teen, you need trusted resources to help you navigate sexual issues without shame, guilt, or judgment. But if you're like many teens, you may not have someone in your life that you can talk to openly about complicated sexual situations, and what consent really means—and this information is crucial for your health, safety, and happiness. *Real Talk About Sex and Consent* is a comprehensive guide with essential information about setting boundaries, coercion, reciprocity, and communication. You'll also find hard facts about sex and trauma, the effects

of pornography and cultural expectations, and much more. With this book, you'll learn how to make sexual decisions that honor your sense of values and cultivate rewarding and emotionally supportive relationships throughout your life. This book goes past simple definitions of sex and consent and explores the hidden pressures, misrepresented expectations, and realities of sex—and what to do about it all. It's time to get informed and take control of your sexual self. This book will give you the tools you need to make decisions that are right for you.

[Sex Made Easy](#) Routledge

Previous research with young people in Western Australia identified a need for resources to support parents and family members as sexuality educators of their

children. This new study continues this research, by investigating parents' attitudes to sexual health education in schools and their views on support resources. It draws on the Australian and international research concerning parents and sexuality education in schools and focus groups with 31 parents regarding their own experiences of sex education, family values, approaches used by parents, resources used by parents, dilemmas and challenges, and support needs by child age group. The report concludes with recommendations for developing parent resources and improving parent-school communication.

The Contraception Education SHARE

Pack Revell

Sex Made Easy is a punch, direct, and

no-nonsense guide that confronts those problems that often arise— things that women are usually too embarrassed to talk about. Debby Herbenick is not just a scientist, but also a sex expert who has conducted important research at the Kinsey Institute for over a decade. But Dr. Herbenick has anticipated women's questions—everything from orgasms and erections to vibrators—and provides simple and frank answers. It will give readers the knowledge, skills, and confidence they need for a more fulfilling sex life.

Simon and Schuster

Originally published in 1989. This book describes a variety of ways to plan and implement sexuality education and provides in-depth information on resources available. Each contributor

describes one aspect of the practice of sexuality education: its goals, theory, planning and development, implementation, evaluation, teacher-training, or the role of community agencies. Articles in each section offer practical and useful guidelines for conducting sexuality education and also serve as a sound introduction to the subject. Annotated bibliographies appear at the end of each section.

Beyond the Basics Wood Lake Publishing Inc.

Not sure what – or how much – information to share with children and teens regarding sex and sexual health? Do you fear what they might ask? Or how to respond to their questions? Or whether you even know the “answers” yourself? Saleema Noon knows all about

these fears and concerns. An expert in sexual health education and stepparent to two teenage daughters herself, she understands the challenges adults face when addressing sensitive topics with their kids. In *Talk Sex Today*, Noon delivers an intelligent and sensible blend of current, inclusive, and practical information for children and teens – and the adults who love them. Noon builds on the foundational work of iconic sexual health educator Meg Hickling and her bestselling *Speaking of Sex* books to offer adults a break-through guide on teaching “body science.” Together, with a combined 40 years of experience, Noon and Hickling broach a host of topics including: gender identity and stereotypes sexual diversity sexual consent bullying and harassment

fostering healthy body image internet safety managing media influence pornography sexual decision-making teaching sexual health to children and teens with special needs Not afraid of controversy and firm in her belief that knowledge is power, Noon's broadly inclusive approach shines with the affirmation that every person – regardless of race, religion, age, ability, gender identity, gender expression and sexual attraction – deserves respect and the information that will keep them safe. This is the ultimate guide to teaching children about sexual health and is ideal for educators and parents alike.

Tools for Teaching Comprehensive Human Sexuality Education, Enhanced Edition National Children's Bureau
'Let's Talk About Sex' is a much-needed

resource for providing information to groups and individuals with intellectual disabilities in order that they are aware of the risks and intricacies of sexual health, sexual relationships and all that goes with this. This need may arise during adolescence, following a period away from the community (e.g. hospitalisation, incarceration) or later in life. The manual provides a sexual health education programme that can be used with adolescents and adults with intellectual disabilities. Its detailed guidance and resources can be used to run a group programme delivered as individual stand-alone sessions, in a pick and mix style, or as a 16-week programme, according to the needs of those attending. It can also be used as a basis for working with individuals on

sexual health matters. The programme covers topics including physiology, puberty, personal hygiene, health screening, sexual orientation and gender identity, dignity and respect, sexual education, consent, relationships, and exploitation, delivered in a non-judgemental, informative, supportive approach. Each session incorporates different methods of learning, including facilitator-led discussion, active participation and visual aids to enhance learning and can be adapted to meet the learning needs of participants. Online, printable resources are included to reinforce learning. Guidance is provided to facilitators on supporting individuals during and after sessions.

Pride American Psychological Association
International technical guidance on

sexuality education UNESCO

Publishing Great Relationships and Sex Education Routledge

HECAT UNESCO Publishing

Sexual activity is a valued occupation among most people, and many clients who experience an injury or disease would still like to pursue it. Although sexuality is an ADL not often addressed in occupational therapy settings or educational programs, occupational therapy practitioners are ideally suited to attend to this issue. Reflecting the profession's focus on occupation and its holistic spirit, Sexuality and Occupational Therapy aims to equip practitioners with the knowledge and strategies to discuss the topic with clients. This text discusses sexuality in relation to some of the most common diagnoses and conditions

affecting occupational therapy clients, including Arthritis Cancer Diabetes Spinal cord injury Cardiac conditions Traumatic brain injury Stroke Mental health and developmental disorders Adolescents with disabilities. *Sexuality and Occupational Therapy* seeks to fill the void in clinical and educational settings on the topic of sexuality, preparing practitioners to effectively assess and intervene with various populations facing challenges in sexual activity.

Sexual Health Education Component
Candlewick Press (MA)

Sex Positive Talks to Have With Kids is your guide to creating an open, shame-free connection with the young people in your world. These talks will help caregivers create the kind of bond that

keeps kids safer, empowered, and returning to you for support along their journey. Melissa Carnagey, renowned sexuality educator for youth and families, walks you through over 150 conversation starters, reflection exercises, and activities you can begin implementing at every age and stage on topics such as: bodies, consent, pleasure, sex, menstruation, gender, sexual orientation, safe & unsafe touch, pornography, feelings, relationships, and media literacy. This inclusive, medically accurate, comprehensive guide is perfect for any parent or caregiver that's ready to normalize the talks and be that trusted adult we all needed growing up. [The Focus on the Family® Guide to Talking with Your Kids about Sex](#) Orca Book Publishers

Concluding a two-year review and revision process supported by the American Cancer Society and conducted by an expert panel of health education professionals, this second edition of the National Health Education Standards is the foremost reference in establishing, promoting, and supporting health-enhancing behaviors for students in all grade levels. These guidelines and standards provide a framework for teachers, administrators, and policy makers in designing or selecting curricula, allocating instructional

resources, and assessing student achievement and progress; provide students, families, and communities with concrete expectations for health education; and advocate for quality health education in schools, including primary cancer prevention for children and youth.

Sex? Community Acquired Infections Division Centre for Infectious

This special centenary edition of The Discovery of Insulin celebrates a path-breaking medical discovery that has changed lives around the world.

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