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Proceedings of Topical Issues in International Political Geography **Human Kinetics**

This is a comprehensive directory and bibliographic guide to

Russian archives and manuscript repositories in the capital cities of Moscow and St. Petersburg. It is an essential resource for any researcher interested in Russian sources for topics in diplomatic, military, and church history; art; dance; film; literature; science; ethnolography; and geography. The first part lists general bibliographies of relevant reference literature, directories, bibliographic works, and specialized subject-related sources. In the following sections of the directory, archival listings are grouped in institutional categories. Coverage includes federal, ministerial, agency, presidential, local, university, Academy of Sciences, organizational, library, and museum holdings. Individual entries include the name of the repository (in Russian and English), basic information on location, staffing, institutional history, holdings, access, and finding aids. More comprehensive and up-to-date than the 1997 Russian Version, this edition includes Web-site information, dozens of additional repositories, several hundred more bibliographical entries, coverage of reorganization issues, four indexes, and a glossary. Digital Economy and the New Labor Market: Jobs, Competences and Innovative HR Technologies Springer Nature This two volume set (CCIS 858 and CCIS 859) constitutes the refereed proceedings of the Third International Conference on Digital Transformation and Global Society, DTGS 2018, held in St. Petersburg, Russia, in May/June 2018. The 75 revised full papers and the one short paper presented in the two volumes were carefully reviewed and selected from 222 submissions. The papers are organized in topical sections on e-polity: smart governance and e-participation, politics and activism in the cyberspace, law and regulation; e-city: smart cities and urban planning; e-economy: IT and new markets; e-society: social informatics, digital divides; e-communication: discussions and perceptions on the social media; e-humanities: arts and culture; International Workshop on Internet Psychology; International Workshop on Computational Linguistics. Encyclopedia of the Arctic University of Wisconsin Press Richly illustrated and presented in clear, concise language, Biomechanics of Skeletal Muscles is an essential resource for

those seeking advanced knowledge of muscle biomechanics. Written by leading experts Vladimir Zatsiorsky and Boris Prilutsky, the text is one of the few to look at muscle biomechanics in its entirety—from muscle fibers to muscle coordination—making it a unique contribution to the field. Using a blend of experimental

evidence and mechanical models, Biomechanics of Skeletal Muscles provides an explanation of whole muscle biomechanics at work in the body in motion. The book first addresses the mechanical behavior of single muscles—from the sarcomere level up to the entire muscle. The architecture of human muscle, the mechanical properties of tendons and passive muscles, the biomechanics of active muscles, and the force transmission and shock absorption aspects of muscle are explored in detail. Next, the various issues of muscle functioning during human motion are addressed. The transformation from muscle force to joint movements, two-joint muscle function, eccentric muscle action, and muscle coordination are analyzed. This advanced text assumes some knowledge of algebra and calculus; however, the emphasis is on understanding physical concepts. Higher-level computational descriptions are placed in special sections in the later chapters of the book, allowing those with a strong mathematical background to explore this material in more detail. Readers who choose to skip over these sections will find that the book still provides a strong conceptual understanding of advanced topics. Biomechanics of Skeletal Muscles also contains numerous special features that facilitate readers' comprehension of the topics presented. More than 300 illustrations and accompanying explanations provide an extensive visual representation of muscle biomechanics. Refresher sidebars offer brief reminders of mathematical and biomechanical concepts, and From the Literature sidebars present practical examples that illustrate the concepts under discussion. Chapter summaries and review questions provide an opportunity for reflection and selftesting, and reference lists at the end of each chapter provide a starting point for further study. Biomechanics of Skeletal Muscles offers a thorough explanation of whole muscle biomechanics, bridging the gap between foundational biomechanics texts and scientific literature. With the information found in this text, readers can prepare themselves to better understand the latest in cutting-edge research. Biomechanics of Skeletal Muscles is the third volume in the Biomechanics of Human Motion series. Advanced readers in human movement science gain a comprehensive understanding of the biomechanics of human motion as presented by one of the world's foremost researchers on the subject, Dr. Vladimir Zatsiorsky. The series begins with Kinematics of Human Motion, which details human body positioning and movement in three dimensions; continues with Kinetics of Human Motion, which examines the forces that create body motion and their effects; and concludes with Biomechanics of Skeletal Muscles, which explains the action of the biological motors that exert force and produce mechanical work during human movement.

Guide to Russian Scientific Periodical Literature SCB Distributors Based on scientific evidence, Training and Conditioning for MMA covers physical training, nutrition, and injury prevention for all martial arts disciplines. It uses actual training programs and showcases real examples from countless elite MMA fighters. Intermittent Hypoxia and Human Diseases Routledge The revival of the Olympic games in 1896 and the subsequent rise of modern athletics prompted a new, energetic movement away from more sedentary habits. In Russia, this ethos soon became a key facet of the Bolsheviks' shared vision for the future. In the aftermath of the revolution, glorification of exercise persevered, pointing the way toward a stronger, healthier populace and a vibrant Socialist society. With interdisciplinary analysis of literature, painting, and film, Faster, Higher, Stronger, Comrades! traces how physical fitness had an even broader impact on culture and ideology in the Soviet Union than previously realized. From prerevolutionary writers and painters glorifying popular circus wrestlers to Soviet photographers capturing unprecedented athleticism as a means of satisfying their aesthetic ideals, the nation's artists embraced sports in profound, inventive ways. Though athletics were used for doctrinaire purposes, Tim Harte demonstrates that at their core, they remained playful, joyous physical activities capable of stirring imaginations and transforming everyday realities. Bernstein's Construction of Movements Frontiers Media SA Welfare, Ethnicity, and Altruism applies the controversial theory of 'Ethnic Nepotism', first formulated by Irenäus Eibl-Eibesfeldt and Pierre van den Berghe, to the modern welfare state (both are authors in this volume). This theory states that ethnic groups resemble large families whose members are prone to cooperate due to 'kin altruism'. Recent empirical findings in economics and political science offer confirmatory evidence. The book presents two separate studies that compare welfare expenditures around the world, both indicating that the more ethnically mixed a population becomes, the greater is its resistance to redistributive policies. These results point to profound inconsistencies within ideologies of both left and right regarding ethnicity. **Unregistered Religious Groups in Russia** New In Chess Traditionally, architecture has been preoccupied with the

resolution of form. That concern helps to make photogenic buildings, which have received a great deal of attention. This book looks instead at the idea of the flows, which connects things together and moves between things. It is more difficult to discuss, but more necessary, because it is what makes things work. Architects have to think about flow - the flow of people through buildings, the flow of energy into buildings, and waste out of them - but usually the effects of flow do not find expression. The essays gathered here present a collection of exploratory ideas and offer an understanding of buildings, people and settlements through

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Nature

When a chess master finds a winning strategic idea it is seldom by accident. An amateur, staring at a position on the chess board is often fumbling in the dark, his head spinning with a multitude of general rules and vague notions. The master's approach is concrete. He knows how and where to look, because he has studied the games of other masters. In this book, grandmaster Sarhan Guliev presents a wide range of strategic manoeuvres that have been repeatedly employed by great chess players. He shows how masters generate ideas from the games of other masters: -positional sacrifices -- amazing counterplay concepts, -unorthodox exchanges -- winning with g2 - g4 or h2-h4 -overcoming a blockade -- the advantages of double pawns -- the e5 pawn wedge -- the uses of the queen-bishop battery -- and much more. Winning Chess Manoeuvres is brimming with interesting and instructive stories about the chess greats, and written in an accessible and entertaining style. After studying this book, ambitious chess players will find winning strategic manoeuvres quicker and more often. They will not find them by accident or by relying on general principles, but because they have built up a large stockpile of highly practical ideas.

Archives in Russia: A Directory and Bibliographic Guide to Holdings in Moscow and St.Petersburg Guide to Russian Scientific Periodical LiteratureThe Routledge Handbook of Russian International Relations Studies

This book is devoted to the phenomenon of removal of people declared "public enemies" from group photographs in Stalin's Russia. The book is based on long-term empirical research in Russian archives and includes 57 photographs that are exceptional in terms of historical interest: all these images bear traces of editing in the form of various marks, such as blackingout, excisions or scratches. The illustrative materials also include a group of photographs with inscriptions left by officers of Stalin's secret police, the NKVD. To approach this extensive visual material, Denis Skopin draws on a wealth of Stalin-era written sources: memoirs, diaries and official documents. He argues that this kind of political iconoclasm cannot be confused with censorship nor vandalism. The practice in question is more harrowing and morally twisted, for in most cases the photos were defaced by those who were part of victim's intimate circle: his/her colleagues, friends or even close family members. The book will be of interest to scholars working in history of photography, art history, visual culture, Russian studies and Russian history and

Faster, Higher, Stronger, Comrades! Human Kinetics This book addresses tourism as a system, provides essentials of tourism management and marketing, discusses planning and impact management, and proposes strategies and recommendations to improve Russia as an international destination.

Philosophical Aspects of Globalization: A Multidisciplinary **Inquiry** John Wiley & Sons

Intermittent hypoxia can cause significant structural and functional impact on the systemic, organic, cellular and molecular processes of human physiology and pathophysiology. This book focuses on the most updated scientific understanding of the adaptive (beneficial) and maladaptive (detrimental) responses to intermittent hypoxia and their potential pathogenetic or prophylactic roles in the development and progression of major human diseases. This is a comprehensive monograph for clinicians, research scientists, academic faculty, postgraduate and medical students, and allied health professionals who are interested in enhancing their up-to-date knowledge of intermittent hypoxia research and its translational applications in

preventing and treating major human diseases.

Digital Transformation and Global Society Springer Nature A fundamental component of the Olympic ideal is the concept of Olympic education. This is the notion that sport can help children and young people develop essential life skills. Olympic Education: An international review is the first book to offer a comprehensive survey of the diffusion and implementation of Olympic education programmes around the world. The book includes 28 chapters with 21 national case studies of countries on every major continent, including Australia, Brasil, Canada, China, France, Germany, Japan, Russia, Spain, the UK, the US and Zambia. Each chapter examines the cultural, pedagogical, political and societal challenges of teaching Olympic education, as well as the national, individual and institutional programmes that have emerged. It explores key practical and conceptual issues, such as the incorporation of Olympic values in PE curricula, sport coaching and coach education programmes, while also taking into account the collaborative efforts of the governmental bodies, sport federations and Olympic institutions responsible for policy and implementation. This is important reading for all students, researchers and professionals with an interest in the Olympics, sport education, sports coaching, sport policy or physical education.

Russian Review Springer Science & Business Media

Philosophical Aspects of Globalization is a collection of essays by leading contemporary Russian philosophers and scholars concerned with addressing pressing questions of globalization and its impact from a philosophical point of view. <u>Winning Chess Manoeuvres</u> Routledge Nikolai Aleksandrovich Bernstein was one of the great neuroscientists of the twentieth century and highly respected by Western scientists even though most have never read his most important book entitled On the Construction of Movements. Bernstein's Construction of Movements: The Original Text and Commentaries is the first English translation. It supplements the translated text with a series of commentaries by scientists who knew Bernstein personally, as well as leaders in related fields including physics, motor control, and biomechanics. While written in 1947, Bernstein's book is anything but obsolete, making this English translation and accompanying commentaries an invaluable text. The translated original text presents in detail Bernstein's views on the evolutionary history of biological movement and his multi-level hierarchical scheme of the construction of movements in higher animals, including humans. The following commentaries address Bernstein's personality, the history of the book, and current views on different aspects of neuroscience covered in Bernstein's text. Ultimately, they present "a book within the book" to showcase how Bernstein's heritage has developed over the past years. This classic, available for the first time to an English-speaking audience, will prove beneficial to students, instructors, and experts of neuroscience, physics, neurophysiology, motor control, motor rehabilitation, biomechanics, dynamical systems, and related fields. Scientists, Engineers, and Track-Two Diplomacy Routledge Guide to Russian Scientific Periodical LiteratureThe Routledge

Francis Russian Universities Directory BRILL

This book provides a comprehensive and concise description of most important aspects of experimental and theoretical investigations of porous materials and powders, with the use and application of these materials in different fields of science, technology, national economy and environment. It allows the reader to understand the basic regularities of heat and mass transfer and adsorption occurring in qualitatively different porous

Handbook of Russian International Relations StudiesTaylor &

materials and products, and allows the reader to optimize the functional properties of porous and powdered products and materials. Written in an straightforward and transparent manner, this book is accessible to both experts and those without specialist knowledge, and it is further elucidated by drawings, schemes and photographs. Porous materials and powders with different pore sizes are used in many areas of industry, geology, agriculture and science. These areas include (i) a variety of devices and supplies; (ii) thermal insulation and building materials; (iii) oil-bearing geological, gas-bearing and waterbearing rocks; and (iv) biological objects. Structural Properties of Porous Materials and Powders Used in Different Fields of Science and Technology is intended for a wide-ranging audience specializing in different fields of science and engineering including engineers, geologists, geophysicists, oil and gas producers, agronomists, physiologists, pharmacists, researchers, teachers and students.

Advances in Sport Science: Latest Findings and New Scientific **Proposals** Springer Nature

The 10th edition of the World Directory of Crystallographers and of Other Scientists Employing Crystallographic Methods is a revised and up-to-date edition of the World Directory and contains the current addresses, academic status and research interests of over 8000 scientists in 74 countries. It is produced directly from the regularly updated electronic World Directory database, which is accessible via the World-Wide Web. Full details of the database are given in an Annex to the printed edition.

Photography and Political Repressions in Stalin's Russia Routledge Despite many negative expectations of the 2018 FIFA World Cup, Russia delivered one of the best World Cups in living memory. This book brings together leading scholars working in Russian studies, sociology and political science to analyse the 2018 World Cup and assess its significance for sport, Russia and the world. The book explores the connections between sport, soft power, populism, protest, and international politics, and investigates topics including security, surveillance, social media and patriotic mobilization, shining new light on key contemporary themes in the social sciences. It reflects upon the importance of sporting mega-events for public diplomacy, and considers what the 2018 World Cup can tell us about the current condition of Russian society and the Russian state. This is fascinating reading for anybody with an interest in soccer, sport and society, Russia, international politics, events, or post-Soviet societies. Economic Systems in the New Era: Stable Systems in an Unstable World Emerald Group Publishing

This proceedings book addresses the main issues of contemporary political geography and international relations, providing a platform for discussion and collaboration of experts in the fields of Political Geography, Geopolitics, International Relations, etc. Participants from all over the world consider the controversies and challenges posed by globalization, focusing, in particular, on the ideologies of globalization and regionalism, migration crises, prevention of ethnic conflicts, and measures to promote sustainable development. The content of the book may be interesting to expert community, academics and popular audience.

World Directory of Crystallographers Routledge

Sport cultures in Europe are developing as a result on the one hand of the internal situation within each society, and on the other of adaptation of influences and directions from outside. In the process of European integration global interconnection and cultural differentiation occur simultaneously. The articles of the reader give ideas and empirical data on the role of sport in European societies and the uniting Europe.

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