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SANAA DOYLE

[Giving Birth with Confidence](#) North Star Publications

The second edition of this quick reference handbook for obstetricians and gynecologists and primary care physicians is designed to complement the parent textbook *Clinical Obstetrics: The Fetus & Mother*. The third edition of *Clinical Obstetrics: The Fetus & Mother* is unique in that it gives in-depth attention to the two patients – fetus and mother, with special coverage of each patient. *Clinical Obstetrics* thoroughly reviews the biology, pathology, and clinical management of disorders affecting both the fetus and the mother. *Clinical Obstetrics: The Fetus & Mother - Handbook* provides the practising physician with succinct, clinically focused information in an easily retrievable format that facilitates diagnosis, evaluation, and treatment. When you need fast answers to specific questions, you can turn with confidence to this streamlined, updated reference.

What's Up Down There? Rodale

Be confident that you can answer any and all questions on your registry exams correctly when you prepare with this complete review. *Mosby's Comprehensive Review for General Sonography Examinations* provides study resources for all three main exams required for general ultrasound practice: physics, abdomen, and ob/gyn. Each chapter is arranged in table and outline format with 50 review questions at the end of the chapter and a mock exam at the end of each section. Access additional mock exams for each subject area on the companion CD or Evolve site. These exams give you experience with timed test taking in an electronic environment that simulates the actual registry exam experience. With this realistic preview of the exam environment and solid review of the material, you'll be prepared to ace the exams! "...no doubt that this is a worthwhile text which could provide a useful revision platform for sonography students in the UK." Reviewed by Sue Halson-Brown on behalf of RAD Magazine, February 2015 Complete preparation for the three general ARDMS exams (physics, abdomen, and ob/gyn) Content review in outline and tabular format provides a quick review of all the material you need to learn, including key terms, anatomy, functions, scanning techniques, lab values, and pathology. More than 2,500 questions in Registry format cover everything you'll be tested on in the Registry exams. Rationales for answers to mock questions help you understand why an answer is correct or incorrect and increase your comprehension. More than 350 ultrasound scans included in the abdominal and ob/gyn sections prepare you for exam questions that ask you to identify pathology on scans. Color insert with Doppler images of the liver, biliary, and umbilical cord helps you be ready to answer questions related to Doppler imaging. Companion CD provides extra timed, graded mock exams and two entertaining, interactive games: *Sonography Millionaire* and *Tournament of Sonography*. *Advanced Health Assessment of Women, Second Edition* Simon and Schuster

How to minimize risks, avoid complications, and have a healthy baby.

The Mommy Docs' Ultimate Guide to Pregnancy and Birth John Wiley & Sons

Instant New York Times, USA Today, and Publishers Weekly bestseller! Boston Globe bestseller #1 Canadian Bestseller OB/GYN, The New York Times columnist, host of the show *Jensplaining*, and internationally bestselling author Dr. Jen Gunter now delivers the definitive book on vaginal health, answering the questions you've always had but were afraid to ask—or couldn't find the right answers to. She has been called Twitter's resident gynecologist, the Internet's OB/GYN, and one of the fiercest advocates for women's health...and she's here to give you the straight talk on the topics she knows best. Does eating sugar cause yeast infections? Does pubic hair have a function? Should you have a vulvovaginal care regimen? Will your vagina shrivel up if you go without sex? What's the truth about the HPV vaccine? So many important questions, so much convincing, confusing, contradictory misinformation! In this age of click bait, pseudoscience, and celebrity-endorsed products, it's easy to be overwhelmed—whether it's websites, advice from well-meaning friends,

uneducated partners, and even healthcare providers. So how do you separate facts from fiction? OB-GYN Jen Gunter, an expert on women's health—and the internet's most popular go-to doc—comes to the rescue with a book that debunks the myths and educates and empowers women. From reproductive health to the impact of antibiotics and probiotics, and the latest trends, including vaginal steaming, vaginal marijuana products, and jade eggs, Gunter takes us on a factual, fun-filled journey. Discover the truth about: • The vaginal microbiome • Genital hygiene, lubricants, and hormone myths and fallacies • How diet impacts vaginal health • Stem cells and the vagina • Cosmetic vaginal surgery • What changes to expect during pregnancy and after childbirth • What changes to expect through menopause • How medicine fails women by dismissing symptoms Plus: • Thongs vs. lace: the best underwear for vaginal health • How to select a tampon • The full glory of the clitoris and the myth of the G Spot . . . And so much more. Whether you're a twenty-six-year-old worried that her labia are "uncool" or a sixty-six-year-old dealing with painful sex, this comprehensive guide is sure to become a lifelong trusted resource.

Sonography Exam Review: Physics, Abdomen, Obstetrics and Gynecology - E-Book Dr Linda Burke Galloway

Sixteen weeks into her second pregnancy, psychologist Jessica Zucker miscarried at home, alone. Suddenly, her career, spent specializing in reproductive and maternal mental health, was rendered corporeal, no longer just theoretical. She now had a changed perspective on her life's work, her patients' pain, and the crucial need for a zeitgeist shift. Navigating this nascent transition amid her own grief became a catalyst for Jessica to bring voice to this ubiquitous experience. She embarked on a mission to upend the strident trifecta of silence, shame, and stigma that surrounds reproductive loss—and the result is her striking memoir meets manifesto. Drawing from her psychological expertise and her work as the creator of the #IHadaMiscarriage campaign, *I Had a Miscarriage* is a heart-wrenching, thought-provoking, and validating book about navigating these liminal spaces and the vitality of truth telling—an urgent reminder of the power of speaking openly and unapologetically about the complexities of our lives. Jessica Zucker weaves her own experience and other women's stories into a compassionate and compelling exploration of grief as a necessary, nuanced personal and communal process. She inspires her readers to speak their truth and, in turn, to ignite transformative change within themselves and in our culture.

On Call Elsevier Health Sciences

Revised and updated in 2020 The creator of Twiniversity delivers an essential update to her must-have manual to having twins, now with expanded info on twin pregnancy and tandem breastfeeding, and advice on the best gear to help save your sanity. With almost two times as many sets of twins today as there were forty years ago, *What to Do When You're Having Two* has quickly become the definitive resource for expectant and new parents of multiples. A mom of fraternal twins and a world-renowned expert on parenting multiples, author Natalie Diaz launched Twiniversity, the world's leading global resource for twin parenting information and support online. Now, with her expanded edition of *What to Do*, she includes new information on breastfeeding, gear, sleep, and having two when you already have one, as well as: • creating your twin birth plan, • maintaining a realistic sleep schedule, • managing tandem breastfeeding, • stocking up on what you'll need (and knowing what high-tech products are now available and what's a waste of money), and • building a special bond with each of your twins. Accessible, informative, and humorous, *What to Do When You're Having Two* is the must-have manual for every parent of twins.

Lange Q&A Obstetrics & Gynecology, 9th Edition St. Martin's Griffin

Now in its fourth edition, this book has become a classic -- guiding more than 2 million women through their pregnancies. From planning for a baby, through pregnancy and birth, to those important first weeks of new life, advice is offered to educate, inform, relieve, and prepare pregnant women for one of the most thrilling and fulfilling times of their lives. Features include: Checklists, charts, questionnaires, and special tips. Charts for tracking the baby's growth. An all-new chapter on

breast feeding. Glossary of terms. More than 170 photos and illustrations.

[Psychological Challenges in Obstetrics and Gynecology](#) ASHP

Everything you need to know about caring for your new baby, from feeding to sleeping and everything in between - every parent's new best friend. 'Cath Curtin is the newborn baby guru! A calming voice, a gentle hand and a wealth of knowledge during one of the most incredible but terrifying times of your life - new parenthood. To have Cath's support after the birth of my first son was invaluable and I don't know how I would have done it without her!' Rebecca Judd Cathryn Curtin has delivered more than 10,000 babies over the last 40 years, so she understands how the first six weeks of a baby's life are vital for establishing habits that help create a healthy, happy routine for your baby and a loving lifelong bond between you and your child. In this practical and easy-to-use guide, Midwife Cath covers all aspects of a newborn's first weeks, from caring for your baby to coping with the sudden emotional and physical changes of new parenthood. By following her brilliant bath, bottle and bed routine, you'll enjoy a deep sleep for up to five hours in these demanding early weeks while your partner has some precious one-on-one time with your child. These first weeks of a baby's life can be a challenge for any new parent. Midwife Cath's invaluable experience and wisdom will guide you through them as well as help you establish a routine that will ensure a healthier, happier baby and better-rested and more confident parents.

The Doctor's Guide to Critical Appraisal Springer Science & Business Media

This book will assist the reader by providing individually tailored, high-quality bio-psycho-social care to patients with a wide range of problems within the fields of obstetrics, gynaecology, fertility, oncology, and sexology. Each chapter addresses a particular theme, issue, or situation in a problem-oriented and case-based manner that emphasizes the differences between routine and bio-psycho-social care. Relevant facts and figures are presented, advice is provided regarding the medical, psychological, and caring process, and contextual aspects are discussed. The book offers practical tips and actions within the bio-psycho-social approach, and highlights important do's and don'ts. To avoid a strict somatic thinking pattern, the importance of communication, multidisciplinary collaboration, and creation of a working alliance with the patient is emphasized. The book follows a consistent format, designed to meet the needs of challenged clinicians.

[Mayo Clinic Guide to a Healthy Pregnancy](#) American College of Obstetricians and Gynecologists Women's Health Care Physicians

This guide has been developed jointly by the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists, and is designed for use by all personnel involved in the care of pregnant women, their fetuses, and their neonates.

[Your Guy's Guide to Gynecology](#) Lippincott Williams & Wilkins

For a Safe and Healthy Birth... Your Way! Giving Birth with Confidence will help take the mystery out of having a baby and help you better understand how your body works during pregnancy and childbirth, giving you the confidence to make decisions that best ensure the safety and health of you and your baby. Giving Birth with Confidence is the first and only pregnancy and childbirth guide written by Lamaze International, the leading childbirth education organization in North America. Written with a respectful, positive tone, the full version of this book presents:

- Information to help you choose your maternity care provider and place of birth
- Practical strategies to help you work effectively with your care provider
- Information on how pregnancy and birth progress naturally
- Steps you can take to alleviate fear and manage pain during labor
- The best available medical evidence to help you make informed decisions

Previously titled *The Official Lamaze Guide*, this 3rd edition has updated information on:

- How vaginal birth, keeping mother and baby together, and breastfeeding help to build the baby's microbiome.
- How hormones naturally start and regulate labor and release endorphins to help alleviate pain.
- Maternity-care practices that can disrupt the body's normal functioning.
- The latest recommendations on lifestyle issues like alcohol, vitamins, and caffeine.
- Room sharing and cosleeping: the controversy, recommendations, and safety guidelines.
- Out-of-hospital births are on the rise: New research and advice on planned home birth, including ACOG's revised guidelines, which support women's choices and promote seamless transfer to hospital, if needed.
- The importance of avoiding unnecessary caesareans for mother and child.

Includes the new ACOG guidelines on inductions and active labor.

- The research in support of the Lamaze International's "Six Healthy Birth Practices," which are:
 - Let labor begin on its own.
 - Walk, move around, and change positions throughout labor.
 - Bring a loved one, friend, or doula for continuous support.
 - Avoid interventions that aren't medically necessary.
 - Avoid giving birth on your back and follow your body's urges to push.
 - Keep mother and baby together—it's best for mother, baby, and breastfeeding.

[The First Six Weeks](#) Elsevier Health Sciences

Book description to come.

Blueprints Obstetrics & Gynecology LWW

Provide top-level obstetrics and gynecology telephone triage that is safe, efficient, and effective, with Telephone Triage for Obstetrics & Gynecology, 3rd Edition. This at-your-fingertips guide offers a wide range of current, evidence-based protocols, backed by proven patient-questioning techniques, quick-reference charts, and real-life patient scenarios. Adaptable to private practice, hospital, clinic, or call center, this invaluable guide will help ensure that your telephone triage standards stay high, while your practice serves individual patient situations with empathy and accuracy, right from the start. Be expertly guided through the telephone triage rigors of data-gathering, protocols, and patient education, with these vital features:

- NEW chapter on incorporating internet research into advice on specific protocol
- NEW and expanded protocols that offer updated content on preconceptional screening, infectious disease impacts on pregnancy, infertility management, and emergency contraception
- Quick-reference sections that arrange protocols alphabetically for fast locating
- Easy-to-follow, data-gathering, flowchart format that helps you quickly determine the nature and urgency of the caller's problem, and choose the appropriate intervention
- Easy-to-explain patient-education sections after each protocol
- Basic Triage Assessment Forms that address specific problems and require vital patient data
- Guidance on developing "telephone charisma" and the power of sympathetic listening
- Effective patient questioning techniques-pertinent questions to ask, types of questions, time management, getting clarification
- Real-life call scenarios that point out problems with not listening fully to the patient, skipping relevant questions, or exerting judgments
- Covers telephone triage basics, including logistical and legal considerations, assessments, telephone communication basics and challenges, and more
- Offers obstetric protocols, including overviews of preconceptional and infertility, early management of unintended pregnancy, fetal prenatal screening, early pregnancy evaluation and surveillance, and more
- Offers gynecologic protocols, including overviews of abnormal bleeding and spotting, amenorrhea, barrier contraceptives, breast complaints, emergency contraception, injectable contraceptives, intrauterine contraception, menopausal concerns, and more
- Vital guidance for all gynecologic nurses, obstetric nurses, certified nurse midwives, OB/GYN nurse practitioners, all triage nurses, and health professionals at call centers

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About the Clinical Editors Vicki E. Long, DNP, RN, CNM, is an Assistant Professor at the School of Nursing, University of South Carolina Aiken. Patricia C. McMullen, PhD, JD, WHNP-BC, RN, FAANP, FAAN, is a Professor and Dean of the School of Nursing, The Catholic University of America, Washington, DC.

The Smart Mother's Guide to a Better Pregnancy McGraw Hill Professional

Be confident that you can answer any and all questions on your registry exams correctly when you prepare with this complete review. Mosby's Comprehensive Review for General Sonography Examinations provides study resources for all three main exams required for general ultrasound practice: physics, abdomen, and ob/gyn. Each chapter is arranged in table and outline format with 50 review questions at the end of the chapter and a mock exam at the end of each section. Access additional mock exams for each subject area on the companion CD or Evolve site. These exams give you experience with timed test taking in an electronic environment that simulates the actual registry exam experience. With this realistic preview of the exam environment and solid review of the material, you'll be prepared to ace the exams! ".no doubt that this is a worthwhile text which could provide a useful revision platform for sonography students in the UK." Reviewed by Sue Halson-Brown on behalf of RAD Magazine, February 2015 Complete preparation for the three general ARDMS exams (physics, abdomen, and ob/gyn) Content review in outline and tabular format provides a quick review of all the material you need to learn, including key terms, anatomy, functions, scanning techniques, lab values, and pathology. More than 2,500 questions in Registry format cover everything you'll be tested on in the Registry exams. Rationales for answers to mock questions help you understand why an answer is correct or incorrect and increase your comprehension. More than 350 ultrasound scans included in the abdominal and ob/gyn sections prepare you for exam questions that ask you to identify pathology on scans. Color insert with Doppler images of the liver, biliary, and umbilical cord helps you be ready to answer questions related to Doppler imaging. Companion CD provides extra timed, graded mock exams and two entertaining, interactive games: Sonography Millionaire and Tournament of Sonography.

Telephone Triage for Obstetrics & Gynecology Allen & Unwin

As women of childbearing age have become heavier, the trade-off between maternal and child health created by variation in gestational weight gain has become more difficult to reconcile. Weight Gain During Pregnancy responds to the need for a reexamination of the 1990 Institute of Medicine guidelines for weight gain during pregnancy. It builds on the conceptual framework that underscored the 1990 weight gain guidelines and addresses the need to update them through a comprehensive review of the literature and independent analyses of existing databases. The book explores relationships between weight gain during pregnancy and a variety of factors (e.g., the mother's weight and height before pregnancy) and places this in the context of the health of the infant and the mother, presenting specific, updated target ranges for weight gain during pregnancy and guidelines for proper measurement. New features of this book include a specific range of recommended gain for obese women. Weight Gain During Pregnancy is intended to assist practitioners who care for women of childbearing age, policy makers, educators, researchers, and the pregnant women themselves to understand the role of gestational weight gain and to provide them with the tools needed to promote optimal pregnancy outcomes.

1000 Questions about Your Pregnancy St. Martin's Griffin

A shame-free, illustrated guide for people with vaginas—from periods to basic hygiene to safe sex—from TikTok's Dr. Lincoln. Dr. Lincoln has been sharing her expertise as an OB-GYN to her millions of followers on TikTok, and now in this accessible, illustrated guide she answers real questions about vaginal, sexual, and reproductive health for fans and new readers alike. Let's Talk About Down There is like the health class you wish you had—think evidence-based, myth-busting sex ed where shame gets tossed out the window—in a format that's as approachable as a fifteen-second video. Addressing topics such as hormones, menstrual cups, and birth control, all with the help of infographics and illustrations, this succinct, vibrant handbook answers the questions that you may have been too embarrassed to ask, so you'll be empowered to make more informed health choices and truly care for yourself.

Ask Dr. Angela Citadel Press

From three top ob/gyn's--the personalities of the television series "Deliver Me"--comes this comprehensive pregnancy resource that's medically reliable and mom-to-mom relatable.

Let's Talk About Down There Penguin

This book presents 100 clinical cases in Obstetrics. It will assist UGs in preparing for the practical and viva voce examinations. PGs will be benefited for their clinical case presentations. It will also serve them as a handy resource for reviewing, just before exams. Moreover, it will assist students preparing for postgraduate entrance examinations, where current trend is to ask more of clinically oriented questions. Practitioners of Obs & Gyne department and Physicians will also find this book valuable

About the Author : - Shirish N Daftary, Professor Emeritus, Obstetrics & Gynaecology and Former Dean and Medical Advisor, Nowrojee Wadia Maternity Hospital, Mumbai. Past President, Federation of Obstetrics & Gynaecology Society of India (FOGSI) Examiner in Obstetrics & Gynaecology at several Indian Universities.

Essentials of Obstetrics and Gynecology Workman Publishing

This best-selling textbook delivers all you need to master the Obstetrics and Gynecology Clerkship, offering step-by-step, how-to guidance on evaluating, diagnosing, and managing a full range of normal and abnormal pregnancies and gynecologic conditions. And now, it has been completely revised and reorganized to present a state-of-the-art approach to the field! The result is an outstanding resource to help you meet the clinical challenges encountered in obstetrics and gynecology. Book jacket.

[The Estrogen Fix](#) McGraw Hill Professional

Written by the top medical student rotators, this book provides medical students with the often elusive information and skills required to ace their clinical rotations. Chapters cover all major medical sub-specialties such as internal medicine, general surgery, cardiology, dermatology, orthopedics, neurosurgery, and ophthalmology. Additionally, the book offers many novel features including a review of core rotation skills for oral presentations and a walk-through of a day in the life of the medical student on a particular rotation. It focuses on the common cases that students actually encounter in the hospital. This format thereby administers a complete, concise overview of what is needed for each rotation. A unique resource, The Ultimate Medical School Rotation Guide is not only instructional and comprehensive, but also assuring and supportive as it encourages students to appreciate this rewarding time in their medical careers.

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