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## HANCOCK NATHANIEL

### Surrounded by Idiots Rowman & Littlefield

What motivates us as students, employees, and individuals? If you reward your children for doing their homework, they will usually respond by getting it done. But is this the most effective method of motivation? No, says psychologist Edward L. Deci, who challenges traditional thinking and shows that this method actually works against performance. The best way to motivate people—at school, at work, or at home—is to support their sense of autonomy. Explaining the reasons why a task is important and then allowing as much personal freedom as possible in carrying out the task will stimulate interest and commitment, and is a much more effective approach than the standard system of reward and punishment. We are all inherently interested in the world, argues Deci, so why not nurture that interest in each other? Instead of asking, "How can I motivate people?" we should be asking, "How can I create the conditions within which people will motivate themselves?" "An insightful and provocative meditation on how people can become more genuinely engaged and successful in pursuing their goals." —Publisher's Weekly

### Outdoor Kids in an Inside World Puzzlewright

NEW YORK TIMES BESTSELLER • Jane Rizzoli and Maura Isles—the inspiration for the hit TNT series—continue their bestselling crime-solving streak. "Crime writing at its unputdownable, nerve-tangling best." —Harlan Coben Boston medical examiner Dr. Maura Isles is shocked to discover that the murdered woman looks exactly like her. For Maura, an only child, a DNA test confirms the startling fact: the mysterious doppelgänger is in fact her twin sister. Now an already bizarre homicide investigation becomes a disturbing excursion into a past full of dark secrets and twisted truths. It is a journey that leads Maura to the mother she never knew—an icy and cunning woman who gave Maura life . . . and who just might have a plan to take it away. Don't miss Tess Gerritsen's short story "John Doe" and a special excerpt from her novel *Girl Missing* in the back of the book. Praise for Tess Gerritsen and *Body Double* "One of the most versatile voices in thriller fiction today." —The Providence Journal "Masterful . . . Gerritsen rises to her best yet." —Kirkus Reviews (starred review) "The story zips along." —Entertainment Weekly "Chilling suspense . . . leaves the reader breathless." —The Philadelphia Inquirer

### Educated Ten Speed Press

The story of visionary American running coach Bob Larsen's mismatched team of elite California runners who would win championships and Olympic glory in a decades-long pursuit of "the epic run." In the dusty hills above San Diego, Bob Larsen became America's greatest running coach. *Running to the Edge* is a riveting account of Larsen's journey, and his quest to discover the unorthodox training secrets that would lead American runners to breakthroughs never imagined. Futterman interweaves the dramatic stories of Larsen's runners with a fascinating discourse on the science behind human running, as well as a personal running narrative that follows Futterman's own checkered love-affair with the sport. The result is a narrative that will speak to every runner, a story of Larsen's triumphs—from high school cross-country meets to the founding of the cult-favorite, 70's running group, the Jamul Toads; from his long tenure as head coach at UCLA to the secret training regimen of world champion athletes like Larsen's protégé, Meb Keflezighi. *Running to the Edge* is a page-turner . . . a relentless crusade to run faster, farther.

### Truth InterVarsity Press

Packed with tested strategies and practical tips, this book is the essential, life-changing guide for everyone who owns a smartphone. Is your phone the first thing you reach for in the morning and the last thing you touch before bed? Do you frequently pick it up "just to check," only to look up forty-five minutes later wondering where the time has gone? Do you say you want to spend less time on your phone—but have no idea how to do so without giving it up completely? If so, this book is your

solution. Award-winning journalist Catherine Price presents a practical, hands-on plan to break up—and then make up—with your phone. The goal? A long-term relationship that actually feels good. You'll discover how phones and apps are designed to be addictive, and learn how the time we spend on them damages our abilities to focus, think deeply, and form new memories. You'll then make customized changes to your settings, apps, environment, and mindset that will ultimately enable you to take back control of your life.

### The Confident Woman Devotional Ballantine Books

"Essential . . . one for the ages . . . a must read for all who care about presidential power." —The Washington Post "Authoritative . . . The most comprehensive account yet of that smoldering wreck of foreign policy, one that haunts us today." —LA Times One of BookPage's Best Books of 2020 *To Start a War* paints a vivid and indelible picture of a decision-making process that was fatally compromised by a combination of post-9/11 fear and paranoia, rank naïveté, craven groupthink, and a set of actors with idées fixes who gamed the process relentlessly. Everything was believed; nothing was true. Robert Draper's fair-mindedness and deep understanding of the principal actors suffuse his account, as does a storytelling genius that is close to sorcery. There are no cheap shots here, which makes the ultimate conclusion all the more damning. In the spirit of Barbara W. Tuchman's *The Guns of August* and Marc Bloch's *Strange Defeat*, *To Start A War* will stand as the definitive account of a collective scurrying for evidence that would prove to be not just dubious but entirely false—evidence that was then used to justify a verdict that led to hundreds of thousands of deaths and a flood tide of chaos in the Middle East that shows no signs of ebbing.

### Running to the Edge Penguin

In a perfect world, we would all know what we want out of life and how to get it, but in reality, it helps to make a list. Deb Amlen guides the ambitious (and not so ambitious) through the process of creating life lists. Whether it's learning to play an instrument or circumnavigating the globe, this keepsake volume—with 10 envelopes tucked inside to hold mementoes—offers guidance, lists, and a journal to aid us in making every dream a reality.

### The Curious History of the Crossword Farrar, Straus and Giroux

"A sophisticated, deeply informed account of real life in the real CIA that adds immeasurably to the public understanding of the espionage culture—the good and the bad." —Bob Woodward Jack Devine ran Charlie Wilson's War in Afghanistan. It was the largest covert action of the Cold War, and it was Devine who put the brand-new Stinger missile into the hands of the mujahideen during their war with the Soviets, paving the way to a decisive victory against the Russians. He also pushed the CIA's effort to run down the narcotics trafficker Pablo Escobar in Colombia. He tried to warn the director of central intelligence, George Tenet, that there was a bullet coming from Iraq with his name on it. He was in Chile when Allende fell, and he had too much to do with Iran-Contra for his own taste, though he tried to stop it. And he tangled with Rick Ames, the KGB spy inside the CIA, and hunted Robert Hanssen, the mole in the FBI. *Good Hunting: An American Spymaster's Story* is the spellbinding memoir of Devine's time in the Central Intelligence Agency, where he served for more than thirty years, rising to become the acting deputy director of operations, responsible for all of the CIA's spying operations. This is a story of intrigue and high-stakes maneuvering, all the more gripping when the fate of our geopolitical order hangs in the balance. But this book also sounds a warning to our nation's decision makers: covert operations, not costly and devastating full-scale interventions, are the best safeguard of America's interests worldwide. Part memoir, part historical redress, *Good Hunting* debunks outright some of the myths surrounding the Agency and cautions against its misuses. Beneath the exotic allure—living abroad with his wife and six children, running operations in seven countries, and serving successive presidents from Nixon to Clinton—this is a realist, gimlet-eyed account of the Agency. Now, as Devine sees it, the CIA is trapped within a larger bureaucracy, losing swaths of turf to the military, and, most ominous of all, is becoming overly weighted toward paramilitary operations after a decade of war. Its capacity to do what it does best—spying and

covert action—has been seriously degraded. Good Hunting sheds light on some of the CIA's deepest secrets and spans an illustrious tenure—and never before has an acting deputy director of operations come forth with such an account. With the historical acumen of Steve Coll's Ghost Wars and gripping scenarios that evoke the novels of John le Carré even as they hew closely to the facts on the ground, Devine offers a master class in spycraft.

**Why We Do What We Do** Celebrity Crosswords

In addition to current definitions, provides an historical treatment to words and idioms included.

**True to Life** Liveright Publishing

Celebrity Crosswords Sterling Publishing Company, Inc.

**The New York Times Acrostic Puzzles Volume 11** Macmillan

These crossword puzzles are packed with names of famous people, movies, TV shows, and songs.

**Dent's Modern Tribes** Palgrave Macmillan

From the author's introduction: Ancient battles seize the modern imagination. Far from being forgotten, they have become a significant aspect of popular culture, prompting a continuing stream of books, feature films, television programs and board and computer games... there is a certain escapist satisfaction in looking back to an era when conflicts between entire states turned on clear-cut pitched battles between formed armies, lasting just a few hours and spanning just a few miles of ground. These battles were still unspeakably traumatic and grisly affairs for those involved - at Cannae, Hannibal's men butchered around two and a half times as many Romans (out of a much smaller overall population) as there were British soldiers killed on the notorious first day of the Somme. However, as with the great clashes of the Napoleonic era, time has dulled our preoccupation with such awful human consequences, and we tend to focus instead on the inspired generalship of commanders like Alexander and Caesar and on the intriguing tactical interactions of units such as massed pikemen and war elephants within the very different military context of pre-gunpowder warfare. Lost Battles takes a new and innovative approach to the battles of antiquity. Using his experience with conflict simulation, Philip Sabin draws together ancient evidence and modern scholarship to construct a generic, grand tactical model of the battles as a whole. This model unites a mathematical framework, to capture the movement and combat of the opposing armies, with human decisions to shape the tactics of the antagonists. Sabin then develops detailed scenarios for 36 individual battles such as Marathon and Cannae, and uses the comparative structure offered by the generic model to help cast light on which particular interpretations of the ancient sources on issues such as army size fit in best with the general patterns observed elsewhere. Readers can use the model to experiment for themselves by re-fighting engagements of their choice, tweaking the scenarios to accord with their own judgment of the evidence, trying out different tactics from those used historically, and seeing how the battle then plays out. Lost Battles thus offers a unique dynamic insight into ancient warfare, combining academic rigor with the interest and accessibility of simulation gaming. This book includes access to a downloadable computer simulation where the reader can view the author's simulations as well create their own.

**How to Break Up with Your Phone** Workman Publishing

You may have watched hundreds of episodes of The Simpsons (and its sister show Futurama) without ever realizing that they contain enough maths to form an entire university course. In The Simpsons and Their Mathematical Secrets, Simon Singh explains how the brilliant writers, some of the mathematicians, have smuggled in mathematical jokes throughout the cartoon's twenty-five year history, exploring everything from to Mersenne primes, from Euler's equation to the unsolved riddle of P vs. NP, from perfect numbers to narcissistic numbers, and much more. With wit, clarity and a true fan's zeal, Singh analyses such memorable episodes as 'Bart the Genius' and 'Homer3' to offer an entirely new insight into the most successful show in television history.

**Puzzle Craft** St. Martin's Essentials

NEW YORK TIMES BESTSELLER • “An imperative call to action” (Nick Offerman) to get children off their screens and into nature, with tips for bonding activities that teach the importance of outside time and build tough, curious, competent kids—from the New York Times bestselling author and host of the TV series and podcast MeatEater “A revelation for families struggling to get kids to GO OUTSIDE, or to just stop using the darn smartphone.”—Michealeen Doucleff, PhD, New York Times bestselling author of Hunt, Gather, Parent In the era of screens and devices, the average American spends 90 percent of their time indoors, and children are no exception. Not only does this phenomenon have consequences for kids’ physical and mental health, it jeopardizes their ability to understand and engage with anything beyond the built environment. Thankfully, with the right mindset, families can find beauty, meaning, and connection in a life lived outdoors. Here, outdoors expert Steven Rinella shares the parenting wisdom he has garnered as a father whose family has lived amid the biggest cities and wildest corners of America. Throughout, he offers practical advice for getting kids radically engaged with nature in a muddy, thrilling, hands-on way, with the ultimate goal of helping them see their own place within the natural ecosystem. No matter their location—rural, suburban, or urban—caregivers and kids will bond over activities such as: • Camping to conquer fears, build tolerance for dirt and discomfort, and savor the timeless pleasure of swapping stories around a campfire. • Growing a vegetable garden to develop a capacity to nurture and an appreciation for hard work. • Fishing local lakes and rivers to learn the value of patience while grappling with the possibility of failure. • Hunting for sustainably managed wild game to face the realities of life, death, and what it really takes to obtain our food. Living an outdoor lifestyle fosters in kids an insatiable curiosity about the world around them, confidence and self-sufficiency,

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and, most important, a lifelong sense of stewardship of the natural world. This book helps families connect with nature—and one another—as a joyful part of everyday life.

**Create Your Life Lists** Bradford Books

In this arousing new work, Walter Chantry expounds from Christ's dealing with the rich young ruler the essential elements in gospel preaching. A close examination of the scripture evidence leads to this conclusion: "Differences between much of today's preaching and that of Jesus are not petty; they are enormous. The chief errors are not in emphasis or approach but in the heart of the gospel message. Were there a deficiency in one of the areas mentioned in these pages, it would be serious. But to ignore all -- the attributes of God, the holy law of God, repentance, a call to bow to the enthroned Christ -- and to pervert the doctrine of assurance, is the most vital mistake. This powerfully-written book has a message which goes to the heart of the contemporary problem in a way that conferences and commissions on evangelism have failed to do. Its expository approach is particularly valuable. - Back cover.

**Fiskodoro** Sterling Publishing Company, Inc.

A series of whimsical essays by the New York Times "Social Q's" columnist provides modern advice on navigating today's murky moral waters, sharing recommendations for such everyday situations as texting on the bus to splitting a dinner check.

**Pogrom: Kishinev and the Tilt of History** Random House

Discover the curious history of the world's most addictive game and its unusual upbringing.

Celebrating the 100-year anniversary of the beloved crossword puzzle, readers can solve over 100 different puzzles from top constructors.

**World Without Fish** Anchor

Perfect for sudoku fans—the rules for these 100 logic puzzles are simple, and the math is easy. But the puzzles get harder and harder! Once you match wits with area mazes, you'll be hooked! Your quest is to navigate a network of rectangles to find a missing value. Just Remember: Area = length x width Use spatial reasoning to find helpful relationships Whole numbers are all you need. You can always get the answer without using fractions! Originally invented for gifted students, area mazes (menseki meiro), have taken all of Japan by storm. Are you a sudoku fanatic? Do you play brain games to stay sharp? Did you love geometry . . . or would you like to finally show it who's boss? Feed your brain some area mazes—they could be just what you're craving!

**Psychiatry and the Legacies of Eugenics** Sarah Crichton Books

Do you ever think you're the only one making any sense? Or tried to reason with your partner with disastrous results? Do long, rambling answers drive you crazy? Or does your colleague's abrasive manner rub you the wrong way? You are not alone. After a disastrous meeting with a highly successful entrepreneur, who was genuinely convinced he was 'surrounded by idiots', communication expert and bestselling author, Thomas Erikson dedicated himself to understanding how people function and why we often struggle to connect with certain types of people. Surrounded by Idiots is an international phenomenon, selling over 1.5 million copies worldwide. It offers a simple, yet ground-breaking method for assessing the personalities of people we communicate with - in and out of the office - based on four personality types (Red, Blue, Green and Yellow), and provides insights into how we can adjust the way we speak and share information. Erikson will help you understand yourself better, hone communication and social skills, handle conflict with confidence, improve dynamics with your boss and team, and get the best out of the people you deal with and manage. He also shares simple tricks on body language, improving written communication, advice on when to back away or when to push on, and when to speak up or shut up. Packed with 'aha!' and 'oh no!' moments, Surrounded by Idiots will help you understand and communicate with those around you, even people you currently think are beyond all comprehension. And with a bit of luck you can also be confident that the idiot out there isn't you!

**Don't Breathe a Word** Penguin

Why truth is important in our everyday lives.

**American Acrostics Volume 1** A&C Black

What does authentic Christian counseling look like in practice? This volume explores how five major perspectives on the interface of Christianity and psychology would each actually be applied in a clinical setting. Respected experts associated with each of the perspectives depict how to assess, conceptualize, counsel and offer aftercare to Jake, a hypothetical client with a variety of complex issues. In each case the contributors seek to explain how theory can translate into real-life counseling scenarios. This book builds on the framework of Eric L. Johnson's Psychology Christianity: Five Views. These include the Levels-of-Explanation Approach, the Integration Approach, the Christian Psychology Approach, the Transformational Approach and the Biblical Counseling Approach. While Counseling and Christianity can be used independently of Johnson's volume, the two can also function as useful companions. Christians who counsel, both those in practice and those still in training, will be served by this volume as it strengthens the connections between theory and practice in relating our faith to the mental health disciplines. They will finally get an answer to their persistent but unanswered question: "What would that counseling view look like behind closed doors?" Christian Association for Psychological Studies (CAPS) Books explore how Christianity relates to mental health and behavioral sciences including psychology, counseling, social work, and marriage and family therapy in order to equip Christian clinicians to support the well-being of their clients.