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Becoming Curious

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The Meaning of Life

Questioning Evangelism, Second Edition

What Would a Wise Woman Do?

Ask Yourself This

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Questions You Must Answer Before You DIE!

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Ten Questions to Diagnose Your Spiritual Health

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A Twenty-something's Guide to Spirituality

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True

How often do you find moments of deep peace and satisfaction in your day-to-day life? How often does connection with other people, the divine, or nature make you feel more alive? How often are you touched by a sense of awe-inspiring beauty, compassionate love, or pure joy? For many of us, these kinds of experiences tend to be fleeting and all too rare. Fortunately, new research is suggesting that a regular practice of paying attention to experiences like these can help any of us find them more often and cultivate richer, deeper, and more satisfying lives. In *Spiritual Connection in Daily Life*, Lynn Underwood introduces her Daily Spiritual Experience Scale (DSES), which is comprised of sixteen simple, multiple-choice questions that invite us to become more attuned to these extraordinary experiences in ordinary life. The DSES is the definitive set of questions for measuring the experience of spiritual connection and has been used in hundreds of studies, translated into over twenty languages, and used around the world by counselors, therapists, nurses, social workers, clergy from multiple faiths, and business leaders. *Spiritual Connection in Daily Life* offers a step-by-step guide to using the DSES to improve our abilities to sense the “more than” in the midst of our days. Embraced by people from many different cultures, religious traditions, and professional backgrounds, the DSES doesn’t require any extraordinary experience like hearing divine voices or embarking upon a dramatic religious conversion. Nor does it belabor the exact definition of “spirituality.” Rather, it simply invites us to focus on aspects of our daily lives such as deep peace, sense of inner strength, longing, and

compassionate love. The sixteen questions also provide a common, nonpolarizing language for communicating with others about the role of the “more than” in our lives. Adherents of all faith traditions, as well as people with no religious leanings whatsoever, have experienced profound and lasting benefits from having these experiences, including improved health behaviors, better relationships, decreased stress and burnout, and improvements in daily mood. Now all of us can reap these same long-term benefits with just a little bit of self-reflection and Dr. Underwood’s expert guidance.

Spiritual Life InterVarsity Press

As Christians, we believe that Jesus has invited us into a new kind of life with him—one that is full, free, and for others. And yet many of us don’t actually experience this promised life. We continue to act out of fear, withhold grace, refuse forgiveness, drown in worry, return to old habits, tolerate distraction, and harbor a desire to be right. While inspirational stories abound in our world and fill the devotional books on our shelves and apps on our phones, inspiration does not equal transformation. Transformation only happens when we open ourselves in God’s presence and align with His work in us and the world. But many of us just don’t know how to do this or where to begin. This book provides a way. *Sacred Questions* invites readers into a daily personal practice of reading Scripture and responding to questions arising from the text about God, themselves, and others. Guiding readers over a yearlong journey into an open posture and daily heart examination and reflection, the book helps them see themselves more clearly, understand more about who God

is, break patterns of sin, and grow in forgiveness and love. One day at a time, readers learn how to partner with God in their transformation into Christlikeness and live the full, free, and others-centered life Jesus offers.

Sticking Up for what I Believe

WestBow Press

What your rabbi probably has never told you, but could - if you'd only ask. "Every day I wonder if God is real, if the Torah is true. Every day I wonder why I'm a Jew. But that's part of being Jewish. In the Torah, we're called Yisrael - the ones who wrestle with God. Wrestling, asking, wondering, searching is just what God wants us to do! God loves good questions. Now tell me, what are your questions?" - from Chapter 1 In Judaism we're allowed to ask questions. We are invited to ask them. But for young people, it often feels as if no one is willing to take tough questions about religion, ourselves, and the world seriously. This updated and expanded new edition of *Tough Questions Jews Ask* turns that all around. With honesty, humor and respect, Rabbi Edward Feinstein tackles topics as diverse as: Why Does God Let Terrible Things Happen? What Is God Anyway? If I Pray for Something, Will I get It? What's the meaning of life? Is that a dumb question? Why Does Religion Need So Many Rules? Why Be Jewish? With insight and wisdom - and without pretending to have all the answers - Rabbi Feinstein encourages young people to make sense of the Jewish tradition by wrestling with what we don't understand.

Hope When You're Hurting

Zondervan

Have you ever felt like you're living out a script written for you by others—in your work, your relationships, or spirituality? "To break through the norms we've been

conditioned to believe is an act of rebellion," writes Chandresh Bhardwaj. "It is not about being stubborn or 'bringing down the man.' It's about following your soul's deepest longing. It's about making a decision to question what you've been told is true." There are no "right answers" in spirituality, but asking the right questions can help us discover who we are and what we are becoming. In *Break the Norms*, Chandresh illuminates the unconscious beliefs we carry about matters of sex, death, love, ego, God, and gurus—then offers penetrating questions and self-inquiry practices to help us separate our own truth from the products of the status quo. Here is the long-awaited first book from a compelling new teacher—and a clarion call to embrace our own spiritual authority.

The Daily Question Franklin Classics

How do I know if I'm growing spiritually? In the distractions of daily life, it can be hard to evaluate how we are doing spiritually. But monitoring the pulse of your spiritual health is just as important as monitoring your mental and physical health. No matter where you are in your walk with Christ, bestselling author Don Whitney makes it easy to do a self-check on your spiritual wellbeing. Quickly evaluate your spiritual state by asking yourself these 10 convicting diagnostic questions: Do I thirst for God? Do I still grieve over sin? Am I a quicker forgiver? Am I more loving? Am I sensitive to God's presence? Am I concerned for others? Am I governed by God's Word? Do I delight in the church? Are the spiritual disciplines important to me? Do I yearn for heaven and to be with Jesus? By bringing the lofty idea of "sanctification" into a helpful and convicting spotlight, this concise and insightful book will transform your

spiritual life. Now with a new discussion guide for group or personal use to help you dive deeper into each question.

"Don Whitney's spiritual feet are blessedly cemented in the wisdom of the Bible. This is as beneficial as it is solid." -

-J. I. Packer, author and theologian

Generational IQ NavPress

What is pain? What is hate? What is death? What is unconditional love? Do you have spiritual questions that only God can adequately answer? This book will help you achieve the spiritual boldness necessary to ask God why. The Book Why, will inspire you to ask God for the answers you need to help you better understand your life. This book will benefit everyone, Christians, non-Christians, or wherever you are spiritually. Because Why is a fundamental spiritual question. Why is the question that is before religious beliefs. The Book Why has the potential to enhance your life journey. When our physical life is over, what is the ultimate question we will ask God? WHY. Why not learn to ask God Why now?

Authority and Submission Oxford University Press, USA

This trilogy of books helps students and their parents grapple with crucial questions about biblical faith, morality, and identity. Gwen Diaz encourages young readers to understand and defend their faith, make godly decisions, and seek Him above all.

Life's Big Questions Living Stream Ministry

Today's organizational environment is characterized by high levels of cross-cultural, cross-national, and cross-religious communication, conflict, collaboration, and commerce. This environment produces myriad encounters between individuals who embrace different ideologies, religions

and spiritual practices. As such, unanswered (and even unasked) questions about management, spirituality, and religion abound. This book, seeks to advance our understanding by asking the big questions. Blessed are Those Who Ask the Questions: What Should We be Asking About Management, Spirituality, and Religion in Organizations? is intended to be provocative in nature. Its chapters address novel ways that leadership, organizations, and organizational stakeholders mutually impact each other by their similarities and differences in religious, spiritual, and ideological traditions, cultures, and practices. Interdisciplinary in nature and firmly grounded in scholarly literature, this book identifies and maps out bold new trajectories for advancing the study of management spirituality, and religion (including but going far beyond Western, Christian conceptualizations of religion). Sometimes universal, sometimes quite specific, this volume identifies unexplored, underexplored, or unresolved issues in the field and proposes new streams of research. Diverse conceptual, empirical, theoretical, and critical treatments that honor a variety of inquiry styles and research methods push the boundaries of MSR research.

Kregel Academic

Written by Rebecca McLaughlin, Author of *Confronting Christianity* In a world of increasing ideological diversity, kids are being challenged to think through their own beliefs at an early age. Questions like How can you believe the Bible is true?; Why can't we just agree that love is love?; and Isn't Christianity against diversity? can seem like roadblocks for kids who are following Jesus, as well as for those who might otherwise consider

faith in Christ. In this helpful book—written both for Christian kids and for those who think Jesus is just a fairy tale character—Rebecca McLaughlin invites readers ages 12–15 to dig deep into hard questions for themselves and perhaps discover that the things that once looked like roadblocks to faith might actually be signposts.

Counseling Persons with Parkinson's Disease Mango Media Inc.

What Would Jesus Do? or WWJD has become ubiquitous on T-shirts, coffee mugs, wristbands and church billboards. But when trying to define the Christian life Jesus intended His followers to live, a more valuable question is What Would Jesus Ask? Readers will find that, according to the Gospels, Jesus posed hundreds of questions that taken together lay a foundation for strong, vibrant and lasting faith. As individuals or groups wrestle with Jesus' questions, they will find the answers they need to live a more holistic and committed Christian life. Chapter Titles 1.Are You a Spiritual Person? 2.Do You Care About Others? 3.What Kind of Leader Are You? 4.What Will Be Your Legacy? 5.Do You Have Time for God? 6.When Will You Ever Have Enough? 7.Does Your Faith Influence Your Finances? 8.What Are You Afraid Of? 9.Will You Stand With Jesus? 10. What Does a Successful Life Look Like?

Priest Answers 27 Questions

Crossway

Filled with questions, inspiring anecdotes, and guided meditations, Life's Big Questions invites readers and their family and friends to examine their beliefs about spirituality and learn new ways to encounter the sacred in daily life. Questions range from the concept of God, the reason for evil, and the meaning of death, to the variety of

spiritual experiences and existence of miracles.

What Would Jesus Ask?: 10 Questions That Will Transform Your Life (Large Print 16pt) NavPress

Spiritual Journal: 101 Spiritual Questions to Ask Yourself

Becoming Curious Kregel Publications

Curiosity is essential to growth. A little curiosity moves us deeper into the lives of the people around us. A little curiosity leads to opportunities we never knew existed. A little curiosity helps us understand our own strange emotions. A little curiosity, if focused on Jesus, will make us more like him. Pastor and spiritual director Casey Tygrett loves to ask questions. "There's a difficult line to walk between what we need to know and what falls into the realm of mystery," he writes. "Walking that line often wears on our nerves and causes incredible tension, and so we settle for easy answers. We stop asking questions. We give up. We begin to lose the one thing that fiercely energizes the transformation of our souls—something beautiful, poetic, joyful, and happily disruptive: curiosity. When we make curiosity a spiritual practice, we open up to new ways of knowing God and knowing ourselves as well. Come and discover the power of asking questions. My Prayer Book IAP

How do I know if I'm growing spiritually?

In the distractions of daily life, it can be hard to evaluate how we are doing spiritually. But monitoring the pulse of your spiritual health is just as important as monitoring your mental and physical health. No matter where you are in your walk with Christ, bestselling author Don Whitney makes it easy to do a self-check on your spiritual wellbeing. Quickly evaluate your spiritual state by asking yourself these 10 convicting diagnostic

questions: Do I thirst for God? Do I still grieve over sin? Am I a quicker forgiver? Am I more loving? Am I sensitive to God's presence? Am I concerned for others? Am I governed by God's Word? Do I delight in the church? Are the spiritual disciplines important to me? Do I yearn for heaven and to be with Jesus? By bringing the lofty idea of "sanctification" into a helpful and convicting spotlight, this concise and insightful book will transform your spiritual life. Now with a new discussion guide for group or personal use to help you dive deeper into each question. "Don Whitney's spiritual feet are blessedly cemented in the wisdom of the Bible. This is as beneficial as it is solid." —J. I. Packer, author and theologian *The Meaning of Life* Independently Published

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Questioning Evangelism, Second Edition
Simon and Schuster

Everyone has questions. Young children ask ?why Teenagers ask ?why not Adults sometimes lament ?what if The God who created us and who loves us has given us the answers to life's most pressing questions in His Word. Yet many people have no idea that God has the answers and has made them available in the Bible. Whether it is a question about where we will spend eternity or how to deal with the pain of a broken relationship, you can be sure it has been asked and answered already on www.GotQuestions.org, the source for this book. Sadly, many individuals and ministries who offer advice are not biblically and theologically solid. That's why Got Questions? is crucially needed'a resource that answers questions explicitly from a biblical perspective, with solid evangelical theology. Written in an easy-to-understand format and organized in easy-to-follow sections, Got Questions? will help readers find the answers to the most frequently asked questions regarding spiritual matters. The questions were asked by real people struggling through real-life issues who received solid, practical answers from the Bible. The articles in this volume are compiled from the more than 3,800 frequently-asked questions on our website, which are read over 7 million times each month. Some of the articles have been translated into 150 languages. Many books present teaching in a question-and-answer format, but few have delved into the questions that people are actually asking. Having received and answered more than 380,000 questions, Got Questions Ministries has a unique understanding of what questions are truly on people's minds.

What Would a Wise Woman Do?
NavPress Publishing Group

A New Kind of Apologist, edited by Sean McDowell and with contributions from more than 20 leading apologists, is the go-to resource for effectively defending the Christian faith in our changing culture. In it you'll discover: important topics often ignored by apologists, such as transgender issues, religious freedom, and the intersection of economics and apologetics a new kind of apologetics that is relational, gracious, and holistic interviews with both seasoned apologists and skeptics, providing insights into how to do apologetics effectively in today's culture A New Kind of Apologist addresses the latest issues, including "Connecting Apologetics to the Heart" "Teaching Apologetics to the Next Generation" "Apologetics in our Sexually Broken Culture" "Apologetics and Islam" "Apologetics and Religious Freedom" and adopts fresh strategies for reaching those who are outside the church with the truth of the gospel.

Ask Yourself This Spiritual Journal: 101 Spiritual Questions to Ask Yourself Are you a spiritual person or are you religious? Do you believe in a God? Why are we here? These simple spiritual questions often come to our mind again and again. Most people never look for answers or do anything about it. Many are fastened down to their computers, laptops, smart phones spending too much time on social media hindering spiritual growth. Are you one of them? Why not spend a few minutes trying to figure out these important questions so that it will help you grow emotionally and spiritually. Keeping a spiritual journal is a good way to keep a tab on your spiritual journey. It's a good way to keep a record of how you think and how you react to things in life. This spiritual journal has 101 spiritually related questions. These questions come to

most but few people actually look for answers. Writing your thoughts will help you in your spiritual journey; help you clarify your thoughts feelings and ideas. There are no right or wrong answers? The only right answer is asking the right questions? Buy your spiritual journal and start your journey to spiritual awakening. Ten Questions to Diagnose Your Spiritual Health

Why is my daughter drifting from God? Why can't I explain my life choices to my parents? When will my son get a real job? Within the last several decades, the world has shifted dramatically. The cracks of this fundamental shift appear everywhere: in our economy, in our cultural debates, in our political landscape, and, most important, in our churches. The problem is we tend to overreact to these changes, fearing that Christianity is dying. We need better Generational IQ, so we can respond to the changes but not be terrified by them. We need a wise generational coach. Haydn Shaw is that generational expert, showing us the roots of this generational shift and how it affects every one of us. Each generation, whether it's the aging Boomers or the young Millennials, approaches God with a different set of questions and needs based on the times in which they grew up. Haydn walks you through these generational differences and paints a vision of hope for the future.

Clay Shaw Books

On Literature, New Places, and the Sacred Sacred travel guide. First published in 1998 and updated with a new preface by the author, The Art of Pilgrimage is a sacred travel guide full of inspiration for the spiritual traveler. Not just for pilgrims. We are descendants of nomads. And although we no longer partake in this nomadic life, the instinct

to travel remains. Whether we're planning a trip or buying a secondhand copy of Siddhartha, we're always searching for a journey, a pilgrimage. With remarkable stories from famous travelers, poets, and modern-day pilgrims, *The Art of Pilgrimage* is for the mindful traveler who longs for something more than diversion and escape. Rick Steves with a literary twist. Through literary travel stories and meditations, award-winning writer, filmmaker and host of the acclaimed *Global Spirits* series, Phil Cousineau, sets out to show readers that travel is worthy of mindfulness and spiritual examination. Learn to approach travel with a desire for spiritual risk and renewal, practicing intentionality and being present. Inside find:

- Stories, myths, parables, and quotes from many travelers and many faiths
- How to see with the "eyes of the heart"
- More than 70 illustrations

Spiritual travel for the soul. If you're looking for reasons to travel, this is it.

Whether traveling to Mecca or Memphis, Stonehenge or Cooperstown, one's journey becomes meaningful when the traveler's heart and imagination are open to experiencing the sacred. *The Art of Pilgrimage* shows that there is something sacred waiting to be discovered around us. If you enjoyed books like *The Pilgrimage* by Paulo Coelho or *Unlikely Pilgrim, Zen on the Trail*, and *Pilgrimage—The Sacred Art*, then *The Art of Pilgrimage* is a travel companion you'll love having with you. *Questions You Must Answer Before You DIE!* NavPress

Socrates said the unexamined life is not worth living. Wendy proves that our quality of life is largely influenced by the quality of the questions we ask ourselves. Her book provides key questions intended to help readers discover often-overlooked aspects of their spiritual natures. Along with the questions are insightful real-life stories about people who have found deeper spiritual meaning in their lives.

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