

# Writing Workshop San Diego

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*Writing Workshop San Diego*

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## ALANI CANTRELL

*The Shell Game* U of Nebraska Press

A surprisingly simple way for students to master any subject--based on one of the world's most popular online courses and the bestselling book *A Mind for Numbers* *A Mind for Numbers* and its wildly popular online companion course "Learning How to Learn" have empowered more than two million learners of all ages from around the world to master subjects that they once struggled with. Fans often wish they'd discovered these learning strategies earlier and ask how they can help their kids master these skills as well. Now in this new book for kids and teens, the authors reveal how to make the most of time spent studying. We all have the tools to learn what might not seem to come naturally to us at first--the secret is to understand how the brain works so we can unlock its power. This book explains: Why sometimes letting your mind wander is an important part of the learning process How to avoid "rut think" in order to think outside the box Why having a poor memory can be a good thing The value of metaphors in developing understanding A simple, yet powerful, way to stop procrastinating Filled with illustrations, application questions, and exercises, this book makes learning easy and fun.

*The Complete Guide to Article Writing* Dodging and Burning: A Mystery

Lisa Fugard's *Skinner's Drift* is a beautifully written debut that reveals the secrets and violence buried beneath the earth of a South African farm. *Skinner's Drift*, lying amongst the sandstone rocks of the eastern borders of South Africa, beside the snaking bed of the Limpopo River, was Eva Van Rensburg's home. As a young girl she would range through its mopane trees at night, hunting jackals with her stammering father. But as soon as she grew up, Eva fled the farm and has not returned for more than ten years. Now, as her father lies dying in hospital with only his claustrophobic sister for company, Eva must go back to confront her family and remember the beauty, and the horror, of her life on *Skinner's Drift*. Praise for *Skinner's Drift*: 'A wonderfully brave novel - unflinchingly and lovingly written. It is books like this - books that shake the dust out of our heads and hearts - that allow us all to understand our past slightly better and walk forward more confidently' Alexandra Fuller 'An achingly beautiful book' Monica Ali 'Fugard wonderfully captures the swift rivers of change in which contempt and fear, resentment, righteousness and loyalty churn in one unending torrent' Daily Mail Lisa Fugard grew up in South Africa and now lives in the desert of Southern California with her husband and young son. Her short stories have been published in magazines and literary journals and she has written many travel pieces for the New York Times. *Skinner's Drift* is her first novel.

*Write with Life* Simon & Schuster

Credited with sparking the current memoir explosion, Mary Karr's *The Liars' Club* spent more than a year at the top of the New York Times list. She followed with two other smash bestsellers: *Cherry and Lit*, which were critical hits as well. For thirty years Karr has also taught the form, winning teaching prizes at Syracuse. (The writing program there produced such acclaimed authors as Cheryl Strayed, Keith Gessen, and Koren Zailckas.) In *The Art of Memoir*, she synthesizes her expertise as professor and therapy patient, writer and spiritual seeker, recovered alcoholic and "black belt sinner," providing a unique window into the mechanics and art of the form that is as irreverent, insightful, and entertaining as her own work in the genre. Anchored by excerpts from her favorite memoirs and anecdotes from fellow writers' experience, *The Art of Memoir* lays bare Karr's own process. (Plus all those inside stories about how she dealt with family and friends get told-- and the dark spaces in her own skull probed in depth.) As she breaks down the key elements of great literary memoir, she breaks open our concepts of memory and identity, and illuminates the cathartic power of reflecting on the past; anybody with an inner life or complicated history, whether writer or reader, will relate. Joining such classics as Stephen King's *On Writing* and Anne Lamott's *Bird by Bird*, *The*

*Art of Memoir* is an elegant and accessible exploration of one of today's most popular literary forms—a tour de force from an accomplished master pulling back the curtain on her craft.

*The Stories Start Here* Books Beyond Borders Incorporated

*antern Tree: Four Books of Poems* is a luminous collaboration that explores life's spaces- the lantern of relation, journey, spirit, desire, loss, and home. At once disparate and entangled, the voices found here are those of Chris Baron in *Under the Broom Tree*, Heather Eudy in *Bills of Lading*, Cali Linfor in *A Book of Ugly Things*, and Sabrina Youmans in *Pacific Standard Time*. Published by San Diego City Works Press and distributed by Sunbelt Publications

*The Virginia Woolf Writers' Workshop* Britfield

Providing comfort food and inspiration for the aspiring novelist, *How To Write a Novel in 20 Pies* offers novelist and writing coach Amy Wallen's insider secrets on living the writing life. Filled with chapters about writing, revising, submitting to an agent, and book promotion, this book combines Wallen's experienced writing advice with the brilliant illustrations of Emil Wilson, including recipes for literary success and the full recipes for 20 sweet and savory pies. As a novelist, memoirist, and associate director of the New York State Summer Writers Institute, Amy Wallen has a few things to say about the writing world, many of them irreverent and snarky. From her perspective as a teacher, mentor, and published author, her belief is that the way to survive the hard knocks of writing a book and trying to get published is to bust a gut working, laughing, and eating pie. With chapters including "Oh Agent, Where Art Thou?", "Revising, Rewriting, and Reimagining," and "The Joy of Rejection," Wallen balances out the challenging stages of the writing process with both sweet and savory goodness, featuring recipes for chocolate pecan pie, salmon and portobello pie, and the recipe for the best cherry pie ever. Throughout the book, Wallen demystifies the vagaries of the publishing business, providing delicious recipes that will keep your belly full even when you're staring at an empty page. Her writing advice is neatly paired with the brilliant illustrations of Emil Wilson, who shares her sharp wit, sardonic look at the demands of the writing life, and her mad love of pie. Combined, the stories, lessons, images, and recipes will provide encouragement and camaraderie for the novel-writing journey, from putting pen to page, to finding an agent, to celebrating publication—all with a piece of pie.

*The Impossible City* Penguin UK

Jay Shetty, social media superstar and host of the #1 podcast *On Purpose*, distills the timeless wisdom he learned as a monk into practical steps anyone can take every day to live a less anxious, more meaningful life. When you think like a monk, you'll understand: -How to overcome negativity -How to stop overthinking -Why comparison kills love -How to use your fear -Why you can't find happiness by looking for it -How to learn from everyone you meet -Why you are not your thoughts -How to find your purpose -Why kindness is crucial to success -And much more... Shetty grew up in a family where you could become one of three things—a doctor, a lawyer, or a failure. His family was convinced he had chosen option three: instead of attending his college graduation ceremony, he headed to India to become a monk, to meditate every day for four to eight hours, and devote his life to helping others. After three years, one of his teachers told him that he would have more impact on the world if he left the monk's path to share his experience and wisdom with others. Heavily in debt, and with no recognizable skills on his résumé, he moved back home in north London with his parents. Shetty reconnected with old school friends—many working for some of the world's largest corporations—who were experiencing tremendous stress, pressure, and unhappiness, and they invited Shetty to coach them on well-being, purpose, and mindfulness. Since then, Shetty has become one of the world's most popular influencers. In 2017, he was named in the *Forbes* magazine 30-under-30 for being a game-changer in the world of media. In 2018, he had the #1 video on Facebook with over 360 million views. His social media following totals over 38 million, he has produced over 400 viral videos which have amassed more than 8 billion views, and his podcast, *On Purpose*, is consistently ranked the world's #1 Health and Wellness podcast. In this inspiring,

empowering book, Shetty draws on his time as a monk to show us how we can clear the roadblocks to our potential and power. Combining ancient wisdom and his own rich experiences in the ashram, *Think Like a Monk* reveals how to overcome negative thoughts and habits, and access the calm and purpose that lie within all of us. He transforms abstract lessons into advice and exercises we can all apply to reduce stress, improve relationships, and give the gifts we find in ourselves to the world. Shetty proves that everyone can—and should—think like a monk.

#### **Writing Alone, Writing Together** Yearling Books

*Rules for Raising Little Girls* "As the father of a daughter, I wish I'd read this very funny book sooner, if only to know that it's OK for a grown man to wear a tutu." - Dave Barry "Required reading for any parent who doesn't know pants from leggings." - Dan Zevin, author of *Dan Gets a Minivan: Life at the Intersection of Dude and Dad* It's easy to imagine how you'd raise a boy--all the golf outings, lawnmower lessons, and Little League championships you'd attend--but playing dad to a little princess may take some education. In *Oh Boy, You're Having a Girl*, Brian, a father of three girls, shares his tactics for surviving this new and glittery world. From baby dolls and bedtime rituals to potty training and dance recitals, he leads you through all the trials and tribulations you'll face as you're raising your daughter. He'll also show you how to navigate your way through tough situations, like making sure that she doesn't start dating until she's fifty. Complete with commandments for restroom trips and properly participating in a tea party, *Oh Boy, You're Having a Girl* will brace you for all those hours playing house--and psych you up for the awesomeness of raising a daughter who has you lovingly wrapped around her little finger. "Somehow, Brian Klems has taken one of the most traumatic situations known to a father--having a daughter--and made it into something so completely hilarious you'll laugh until you've got oxygen deprivation!" - W. Bruce Cameron, author of *8 Simple Rules for Dating My Teenage Daughter*

*Storyteller* Simon and Schuster

The lonely life of a writer need not be. There are ways to break that isolation and find encouragement and support within groups of like-minded people. Sections in *Writing Alone, Writing Together* include Writing Practice Groups, Creating Writing Prompts, Group Leadership, and even What to Do with the Bores, Whiners, Control Junkies, and Thugs. Whether the group is oriented toward writing the great American novel or a family memory book, this useful book offers an array of effective techniques to help writers achieve their goals.

#### **Ruby's Wish** Simon and Schuster

\*Over 90,000 copies sold\* Long an anchor text for college and junior college writing classes, this illuminating and invaluable guide has become a favorite for beginning poets and an ever-valuable reference for more advanced students who want to sharpen their craft, expand their technical skills, and engage their deepest memories and concerns. This edition adds Steve Kowitz's famous essay on poetics "The Mystique of the Difficult Poem," in which he argues stirringly and forcefully that a poem need not be obscure to be great. Ideal for teachers who have been searching for a way to inspire students with a love for writing--and reading--contemporary poetry. It is a book about shaping your memories and passions, your pleasures, obsessions, dreams, secrets, and sorrows into the poems you have always wanted to write. If you long to create poetry that is magical and moving, this is the book you've been looking for. Here are chapters on the language and music of poetry, the art of revision, traditional and experimental techniques, and how to get your poetry started, perfected, and published. Not the least of the book's pleasures are model poems by many of the best contemporary poets, illuminating craft discussions, and the author's detailed suggestions for writing dozens of poems about your deepest and most passionate concerns.

#### **Writing for Animals** City Works Press

Master the art of article writing! The world of journalism is changing rapidly, and the modern journalist needs more than a basic knowledge of article writing to navigate it. *The Complete Guide to Article Writing* provides a compass for freelancers and students of journalism looking to write successfully on a wide variety of topics and for many different markets--both in print and online. From researching and interviewing to writing features, reviews, news articles, opinion pieces, and even blog posts, this one-stop guide will illuminate the intricacies of article writing so you can produce entertaining, informative, and salable articles. • Learn how to write coherently, cohesively, and concisely. • Choose the proper structure for the article you want to write. • Weave narrative and fact seamlessly into your pieces. • Develop your freelance platform with the latest in social media outlets. • Pitch your ideas like a pro. • Develop a professional relationship with editors. • And much more! Modern journalism can be a treacherous terrain, but with *The Complete Guide to Article Writing* as your companion, you'll not only survive the journey--you'll be able to write pieces that inform, entertain, inspire, delight--and sell!

#### **Red and Green and Blue and White** Macmillan

"One of my favorite books of the year. It completely reshaped how I think about information and how and why I take notes." —Daniel Pink, bestselling author of *Drive* A revolutionary approach to enhancing productivity, creating flow, and vastly increasing your ability to capture, remember, and benefit from the unprecedented amount of information all around us. For the first time in history, we have instantaneous access to the world's knowledge. There has never been a better time to learn, to contribute, and to improve ourselves. Yet, rather than feeling empowered, we are often left feeling overwhelmed by this constant influx of information. The very knowledge that was supposed to set us free has instead led to the paralyzing stress of believing we'll never know or remember enough. Now, this eye-opening and accessible guide shows how you can easily create your own personal system for knowledge management, otherwise known as a Second Brain. As a trusted and organized digital repository of your most valued ideas, notes, and creative work synced across all your devices and platforms, a Second Brain gives you the confidence to tackle your most important projects and ambitious goals. Discover the full potential of your ideas and translate what you know into more powerful, more meaningful improvements in your work and life by *Building a Second Brain*.

#### **Sin and Syntax** Chronicle Books

Two mornings each week, a group of talented individuals gather in a historic meeting hall on Point Loma, CA to study and practice the craft of writing. The workshop is organized and sponsored by the San Diego Community College District. The sessions are led by a published poet/author who provides the participants with the benefit of his formal MFA education and teaching experience. The collection of works in this book is a demonstration of the success of these efforts. The authors come with widely varied backgrounds and experiences, which, combined with active imaginations, have

produced stories and poems that reflect this diversity. Thus, a reading selection can be made to satisfy almost any taste, both fiction and non-fiction, some in prose, some in verse. The settings extend from the distant past and faraway places, to the present and mystical places. And the characters you meet, they speak for themselves.

#### *Wild Women, Wild Voices* ChiZine

Within the recent explosion of creative nonfiction, a new type of form is quietly emerging, what Brenda Miller calls "hermit crab essays." *The Shell Game* is an anthology of these intriguing essays that borrow their structures from ordinary, everyday sources: a recipe, a crossword puzzle, a Craig's List ad. Like their zoological namesake, these essays do not simply wear their borrowed "shells" but inhabit them so perfectly that the borrowed structures are wholly integral rather than contrived, both shaping the work and illuminating and exemplifying its subject. *The Shell Game* contains a carefully chosen selection of beautifully written, thought-provoking hybrid essays tackling a broad range of subjects, including the secrets of the human genome, the intractable pain of growing up black in America, and the gorgeous glow residing at the edges of the autism spectrum. Surprising, delightful, and lyric, these essays are destined to become classics of this new and increasingly popular hybrid form.

#### *How To Write a Novel in 20 Pies* HarperCollins

Ruby is unlike most little girls in old China. Instead of aspiring to get married, Ruby is determined to attend university when she grows up, just like the boys in her family. Based upon the inspirational story of the author's grandmother and accompanied by richly detailed illustrations, *Ruby's Wish* is an engaging portrait of a young girl who strives for more and a family who rewards her hard work and courage.

#### *The Writing Class* Simon and Schuster

"For 27 years, Kate Wilhelm and her husband, Damon Knight, taught at the Clarion Writers' Workshop, an intensive and ambitious six-week writing program for novice writers, known to participants as "boot camp for writers."" "Part memoir and part writing manual, *Storyteller* is Wilhelm's account of the history of the program and her years there with Damon as mentors and instructors."--BOOK JACKET.

#### *Writerific* Penguin

Offering a wide variety of creative prompts that will engage any writer, *Writing Success Through Poetry* provides timesaving lessons to help teachers create a writers' workshop in the classroom. The author, a published poet and children's book author, provides 25 original poems as prompts for students to use as inspiration for their own poetry and prose. The book offers practical, pointed questions to facilitate Socratic-style discussions and explorations of literary concepts found within the poems. *Writing Success Through Poetry* uses methods to instill young writers with a mental checklist for self-evaluation of their writing, as well as a profound respect for the power of poetic writing in every genre. Book jacket.

#### *The Art of Memoir* PRUFROCK PRESS INC.

In this brilliantly imagined book, author Danell Jones mines the diaries, essays, correspondence, and fiction of a literary legend to create an unforgettable master class in the art of writing. Using Virginia Woolf's own words, this inspiring, instructive, and entertaining guide will delight fans, students, and teachers alike—and at last give Woolf a classroom of her own. Imagine what it might be like if Virginia Woolf were teaching a writers' workshop. What would she say? What elements of her own experience would writers today find valuable? Now one need only to look within these pages to delight in her magic. For here, perched at the podium of a classroom, Woolf is ready to discuss the advice for writers that she scattered throughout her work. From nurturing ideas and dealing with self-doubt to creating a completed work and getting published, here is a wellspring of practical advice, invaluable insights on the creative life, and dozens of "writing sparks"—exercises for writers of all levels—inspired by Woolf's most well-known works. Take your seat in class as she shares her wisdom, wit, and expertise on a range of matters, including: •The value of experimentation •How to use a journal for inspiration •The importance of reading, walking, and practicing •Methods for learning from great writers Also provided are recommendations for further reading as well as the original sources of all of Woolf's quotes For deeper exploration. Let Woolf's utterly unique vision guide you to your own distinct voice at the same time that you deepen your appreciation and knowledge of her as a revolutionary writer and thinker.

#### *Lantern Tree* Ashland Creek Press

Chloe loves working as a junior concierge at an exclusive NYC hotel—but when three royal kids come to stay, her hospitality is put to the ultimate test! Chloe Turner has pretty much the BEST life. She gets to live in the super fancy Hotel St. Michele. New York City is her hometown. And her dad, Mitchell Turner, concierge extraordinaire, is teaching her all the secrets of the business so she can follow in his footsteps. After helping him out with a particularly difficult kid client, Chloe is appointed the official junior concierge, tending to the hotel's smallest, though sometimes most demanding, guests. Her new position comes with tons of perks like cupcake parties, backstage passes to concerts, and even private fittings with the hippest clothing designers. But Chloe hasn't faced her toughest challenge yet. When three young royals (including a real-life PRINCE!) come to stay, Chloe's determined to prove once and for all just how good she is at her job. Except the trip is a total disaster—especially when the youngest royal disappears. Now it's up to Chloe to save the day. Can she find the missing princess before it becomes international news?

#### *Powerless* Small Beer Press

Anthology of poems, novel and memoir excerpts, and short stories from San Diego Writers, Ink, a nonprofit literary organization.

#### **Oh Boy, You're Having a Girl** Andrews McMeel Publishing

*Write to Celebrate, Heal, and Free the Wild Woman Within* In her years as a writing coach, Judy Reeves has found twin urges in women: they yearn to reclaim a true nature that resides below the surface of daily life and to give it voice. The longing to express this wild, authentic nature is what informs Reeves's most popular workshop and now this workshop in a book. Here, you will explore the stages that make up your life, from wild child, daughter/sister/mother, and loves and lovers, to creative work, friendships, and how the wise woman encounters death. Both intuitive and practical, *Wild Women, Wild Voices* responds to women's deep need for expression with specific and inspiring activities, exercises, and writing prompts. With true empathy, Reeves invites, instructs, and celebrates the authentic expression — even the howl — of the wild in every woman.

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